

K'INI
Spa
+ Wellness Centre

Alaia Belize - Autograph Collection Hotel
San Pedro Town, Ambergris Caye



Welcome to K'in Spa and Wellness Center, where ancient Mayan traditions meet modern rejuvenation. Derived from the sacred Mayan word for "Sun," K'in Spa invites you to bask in the radiant warmth of our holistic treatments and immerse yourself in a journey of self-discovery and renewal.

Our expert therapists draw inspiration from ancient Mayan healing, utilizing natural ingredients and time-honored techniques to restore balance to your body, mind, and spirit.

From luxurious massages and invigorating body scrubs to restorative facials and holistic wellness experiences, each session is tailored to address your unique needs and desires.



SEABREEZE

60 MINS \$135 | 90 MINS \$180

Unwind and de-stress with this ultimate soothing aromatic treatment. This gentle massage is meant to be relaxing and typically comes with Belizean techniques that are intended to be very wave-like and help with blood circulation of the body.

SWEDISH

60 MINS \$150 | 90 MINS \$205

This therapeutic massage involves long, kneading strokes combined with rhythmic tapping strokes and movement of the joints, which targets essentially the uppermost layer of muscles and aims to relieve muscle tension.

DEEP TISSUE

60 MINS \$175 | 90 MINS \$222

Aim to release the chronic patterns of tension in the body through slow strokes and deep finger pressure on the tense areas and help re-aligning the deeper layers of connective and muscle tissue. It relieves stress, rehabilitates injured muscles, lowers blood pressure and heart rate among many other benefits.

MOMMY & ME

60 MINS \$150 | 90 MINS \$205

A relaxing time for mom and baby as of the second trimester. With each gentle stroke, your baby will feel nurtured, harmonized, and loved, strengthening the bond between the two of you.

COUPLE DELIGHTS

60 MINS \$240 | 90 MINS \$350

Disconnect from the rest of the world while reconnecting with your loved one. Create lasting memories with this relaxation massage to relieve stressed and tired muscles using light to medium pressure concentration on tense areas.

HOT STONE

60 MINS \$175 | 90 MINS \$222

Using heated basalt river rocks on different parts/back of the body, it helps relieve tension, pain, stress, anxiety, aids sleep and managing chronic pain with a combination of hand strokes to areas of concern without causing any discomfort.

BACK MASSAGE

30 MINS \$80

This therapy helps reduce stress, pain, tension, and muscle soreness while improving circulation, energy, alertness, immune functions, as well as lowering heart rate and blood pressure.

REFLEXOLOGY (HANDS & FEET)

30 MINS \$60 | 60 MINS \$110

More than just a foot massage, it is a therapy that uses pressure on specific points on the feet and hands to help ease stress, improve energy levels, help your body work better and ultimately improves overall health and balance.

Cancellation Policy: any cancellations within less than 24 hours are subject to a 50% of your scheduled service and any cancellations made 12 hours or less and "No Shows" are subject to 100% of your reserved service. All prices are in US dollars and are subject to 12.5% government tax and 10% service charge.

BODY TREATMENTS & WRAPS

M E N U

K'IN SIGNATURE

60 MINS \$190

Rich in vitamin C and amazing detoxifying qualities with a combination of locally grown hibiscus flowers and ginger roots and home-made coconut sea salt scrub. It also includes a relaxing neck, scalp massage and a double whipped body butter applied to your entire body.

KAPE BODY SCRUB

60 MINS \$145

Buff your skin to perfection with this organic coffee scrub which helps to remove dead skin cells, prevent premature aging, and cellulite while it improves blood circulation. It includes shoulders, neck, and scalp massage.

ALOE BODY WRAP

60 MINS \$175

Derived from the local succulent plant species of the genus and its benefits, this treatment is ideal for recent sun exposure, extreme hydration, cell renewal and restore the skin. While your body is wrapped in a cocoon, a scalp, neck, and shoulder massage will be initiated.

OCEAN THERAPY BODY WRAP

60 MINS \$175

This "Body Cocoon" treatment is specifically created to enhance the health and appearance of skin as all the benefits from the seaweed is what your body needs for your skin regeneration, increasing firmness through collagen production and aids in the reduction of fine lines and wrinkles, while receiving a relaxing scalp, neck, and shoulder massage.

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FACIALS, MANICURES & PEDICURES

M E N U



FACIALS

MORNING GLOW

60 MINS \$120

Suitable for all skin types with a choice selection of Phytomer's facial products. (Includes head, neck and shoulder massages).

SUN KISS

60 MINS \$185

Ideal for sensitive skin types and recent sun exposure. (Includes head, neck and shoulder massages).

RESET

60 MINS \$185

Refresh and regenerate your skin with this customized facial which gently removes impurities and restores lost nutrients while improves tone and re-balance the skin. (Includes head, neck and shoulder massages).

02 ENRICHED

60 MINS \$165

Oxygenate, treat, recharge, and detoxify with smooth, light, quick-penetrating Phytomer's Souffle Marin Serum. (Includes head, neck and shoulder massages).

MANICURES & PEDICURES

TRADITIONAL POLISH OR GEL

10 MINS \$10 | 25 MINS \$20

Hands OR Feet application.

REFRESH MANI OR PEDI

45 MINS \$55 | 60 MINS \$70

Cosmetic treatment of the hands or feet, involving shaping of the nails, removal of the cuticles, buffing, callosity removal, softening of the skin and often polish application, there is an additional charge of \$10 for Gel removal and \$20 for Gel application.

GLOWING MANI OR PEDI

60 MINS \$165

Exfoliation treatment with hydrating mask and hot paraffin as well as essential oils. and extended massage.

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INNER PEACE

150 MINS \$315

A combination of a 60-minute Swedish Massage, a 60-minute morning glow facial, a 15-minute foot scrub and a 15-minute scalp massage

TROPICAL BLISS

150 MINS \$405

A set of magic treatments with a combination of a 60-minute Aloe Body Wrap, a 60-minute sun kiss facial and a 30-minute back massage

TOUCH OF ROMANCE

150 MINS \$798

In this package, the Roman God of Love offers you as a couple, a combination of a 90-minute hot stone massage with a 60-minute reset facial.

WAXING

BIKINI

40 MINS \$40

Removal of hair from areas seen outside a bathing suit or underwear while leaving the hair on your pubic bone

BRAZILIAN

60 MINS \$85

Removal of hair around the entire pubic region, including the upper thigh, labia and butt area.

UNDER ARM

30 MINS \$35

Removal of hair at the root which gets rid of dead skin cells. As a result, the armpit area feels and looks smoother and lighter — no more worries about that not-so-sexy under arm shadow.

EYE BROWS

20 MINS \$20

A brow wax is a quick and easy on your stray hairs, rips them out, and sends you on your way.

HALF LEG

40 MINS \$50

Sometimes called lower leg waxing, it is everything from just above the knee downwards.

FULL LEG

60 MINS \$90

Comprises of hair removal from the top of thighs to the base of the ankles, both front and back.

LOWER BACK

35 MINS \$40

Removal of hair from above your lower waist to the middle of the back. You will be outside again in no time with a fresh feeling

FULL BACK

60 MINS \$90

A procedure that employs hot wax as a means of achieving hair removal from your back. The hot wax is applied to a portion of the skin and allowed to harden slightly.

CHEST

40 MINS \$50

chest, stomach, abs, shoulders and blending into your arms. Chest waxing is done with soft wax. We begin where hair is least dense to densest depending on your pain tolerance.

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