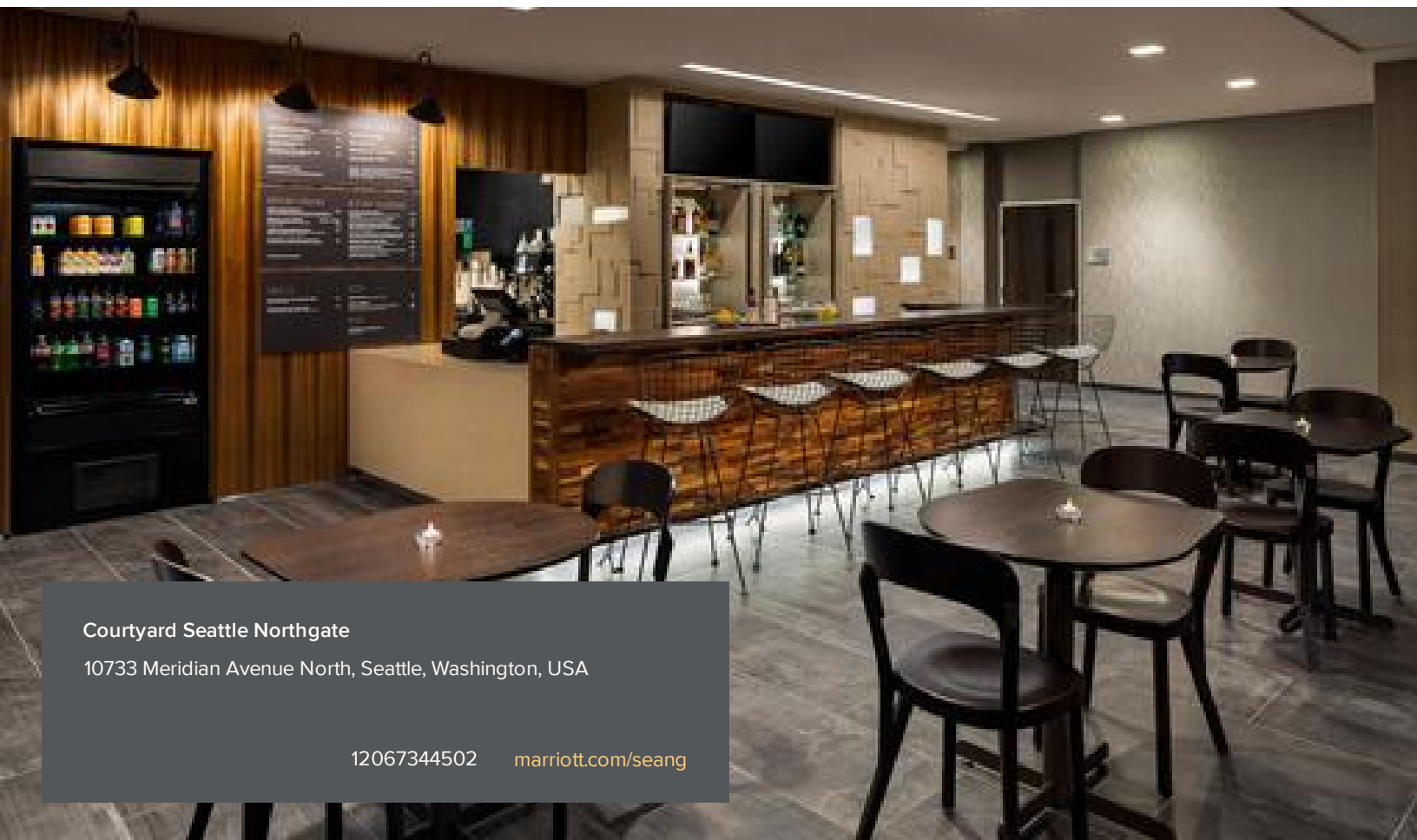


# BISTRO MENU

The BISTRO, Courtyard's signature food & beverage outlet, offers an upscale, fast-casual dining experience through a simple yet delicious food and drinks menu that focuses on high quality. Flexible, inviting spaces allow guests to share a bite and a great time



Courtyard Seattle Northgate

10733 Meridian Avenue North, Seattle, Washington, USA

12067344502 [marriott.com/seang](https://www.marriott.com/seang)



# Breakfast

Start your day with a nutritional meal for here or to- go!

## AVOCADO TOAST - 520 cal

multigrain toast with roasted tomatoes, hard cooked egg + lemon dressed arugula  
\$11.00

## BREAKFAST FLATBREAD - 950 cal

scrambled cage-free eggs, herbed cream cheese, cheddar cheese, green onions, bacon, avocado mash, salsa  
\$15.00

## CLASSIC FRUIT & YOGURT CUP - 240 cal

Greek yogurt, fresh fruit, honey and granola  
\$10.00

## BAGEL, PLAIN OR EVERYTHING - 360 - 480 cal

choice of plain cream cheese + jelly or herbed cream cheese  
\$4.50

## FRUIT & BERRY CUP 60 cal

Chef's choice fresh fruit and berries  
\$9.50

## CLASSIC CONTINENTAL - 650 - 820 cal

Chobani greek yogurt, blueberry muffin, banana and choice of tall brewed coffee, hot tea, milk or juice  
\$12.50

**BISTRO BREAKFAST SANDWICH - 620 cal**

cage-free fried egg, applewood smoked bacon, aged white cheddar, arugula and avocado on a brioche roll

\$13.00

**LOADED BREAKFAST TOTS - 860 cal**

tater-tots, chile-lime seasoning, cheddar cheese, green onions, bacon, scrambled cage-free eggs, Buffalo ranch dressing

\$8.50

+ \$2.00 add scrambled eggs

**EGGS YOUR WAY 480 - 1550 cal**

choice of cage-free whole eggs or egg whites, choice of applewood-smoked bacon or pork sausage, with seasoned breakfast potatoes or marinated tomatoes and choice of artisan or multigrain toast

\$15.50

**STEEL CUT OATMEAL - 350 CAL**

oatmeal with fresh blue berries

\$10.50

**BREAKFAST BURRITO - 920 cal**

cage-free scrambled eggs, applewood-smoked bacon, green onions, breakfast potatoes, and cheddar in a tortilla with tomato salsa and avocado mash

\$13.50

**FARM STAND BREAKFAST BOWL - 610 cal**

quinoa and brown rice or seasoned breakfast potatoes, oven roasted tomatoes, baby kale tossed in lemon vinaigrette, avocado mash topped with two cage-free eggs your way, green onions, and parmesan cheese

\$15.00

**FRENCH TOAST WITH STRAWBERRIES 540 cal**

dipped in cinnamon-vanilla custard and griddled, topped with powdered sugar, fresh strawberries, and served with maple syrup

\$13.00



## Dinner

Unwind from the day with a bite to eat and a cold libation!

### FRENCH FRIES & DIP DUO - 990 cal

garlic aioli & green goddess dressing  
\$12.00

### HUMMUS - 700 cal

oven roasted tomatoes, crisp vegetables, flatbread  
\$11.00

### GRILLED CHICKEN & BACON QUESADILLA-850 cal

served with tomato salsa, avocado mash  
\$15.00

### MARGHERITA FLATBREAD - 610 cal

roasted tomatoes, basil, cheese  
\$14.00

### SKILLET MEATBALLS - 690 cal

tomato sauce, parmesan, artisan toast  
\$15.00

### LOADED TOT-CHOS - 660 cal

tater tots, jack cheese, chile-lime seasoning, Buffalo ranch and green goddess dressing, green chili, green onions, bacon  
\$13.50

### CLASSIC CHICKEN WINGS -1080 - 1090 cal

Buffalo with blue cheese dressing or chili lime with green goddess dressing  
\$17.00

### PEPPERONI FLATBREAD - 620 cal

marinara, parmesan, basil, and pepperoni  
\$15.00

CAESAR SALAD (half/full) - 395 - 750 cal

parmesan, olive oil tossed breadcrumbs, creamy Caesar

\$7.50 / \$15.00

Add chicken : +\$7.00

MEDITERRANEAN GRAIN BOWL - 750 cal

quinoa and brown rice blend, baby kale, arugula, oven roasted tomatoes, parmesan cheese, lemon vinaigrette

\$16.00

Add chicken +\$7.00

THREE-CHEESE GRILLED CHEESE & TOMATO SOUP - 840 cal

white cheddar, jack cheese, and parmesan on artisan bread paired with classic tomato soup

\$14.50

GRILLED CHICKEN SANDWICH - 660 - 1090 cal

aged white cheddar, lettuce, tomato and garlic aioli on a brioche roll with french fries or arugula salad

\$15.50

DARK CHOCOLATE & SEA SALT COOKIE - 380 cal

MODERN COBB SALAD - 750 cal

hearts of romaine lettuce, grilled chicken, applewood-smoked bacon, hard-cooked egg, grape tomatoes, gorgonzola, and green goddess dressing

\$16.00

TURKEY AVOCADO B.L.T. - 800 - 1170 cal

applewood-smoked bacon, romaine, tomato, roasted garlic aioli on toasted Texas toast bread, with french fries or arugula salad

\$14.00

THE BISTRO BURGER - 810-1170 cal

aged white cheddar, lettuce, tomato & garlic aioli on a brioche roll with french fries or arugula salad

\$16.00

BUFFALO FRIED CHICKEN SANDWICH - 770 - 1180 cal

gorgonzola crumbles, coleslaw on a brioche roll with french fries or arugula salad

\$16.00

COURTYARD SEATTLE NORTHGATE

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