



  
CASTILLO HOTEL  
SON VIDA  
SPA

Castillo Hotel  
Son Vida Spa

TREATMENTS MENU



## DEMARÉS SIGNATURE TREATMENTS

DEMARÉS was conceived fascinated by the wild beauty of Mallorca, the boundless expanse of the sea as it meets rugged cliffs, untouched nature and the deep connection to this island of contrasts in the Mediterranean Sea.

DEMARÉS unites the very best natural ingredients, known for their effectiveness for hundreds of years. The skin is perfectly protected from free radicals, whilst being strengthened and nourished, but never overloaded.

**DEMARÉS PURE ADVANCE FACIAL** ..... 50min. / 115€

Facial treatment done with DEMARES products aimed towards smoother skin.

**DEMARÉS DETOX MASSAGE** ..... 50min. / 115€

Full body massage, a combination between a swedish massage and the lymphatic drainage.

**BEST OF DEMARÉS PACKAGE** ..... 100min. / 219€

Combination of DEMARES DETOX and DEMARES PURE ADVANCE.



# MASSAGE RITUALS AND THERAPIES

Treat yourself to a relaxing full-body treatment that will allow you to take a break from the hustle of everyday life, leaving you energized and refreshed.

## **BACK, NECK & SHOULDER MASSAGE**.....25min. / 65€

A warm aromatic oil massage focusing purely on the back, neck and shoulders to relieve tension and enhance wellbeing.

## **PREGNANCY MASSAGE**.....25min. / 65€

A relaxing and decongesting treatment for expectant mothers focusing on the head, neck, shoulders, legs and feet.

## **INDIAN HEAD MASSAGE**.....30min. / 75€

Drawing from the holistic pressure point techniques of ancient Ayurveda, this massage focuses on relieving tension in the head and neck.

## **FOOT REFLEXOLOGY**.....25min. / 65€ - 50min. / 109€

An ancient therapy used to reactivate all body functions through pressure on the reflex points located on the soles of the feet.

## **PHYSIOTHERAPY**.....25min. / 65€ - 50min. / 109€

Physiotherapy is a discipline of health science offering a therapeutic and non-pharmacological rehabilitation treatment to diagnose, prevent and treat symptoms of multiple ailments, both acute and chronic, through manual techniques.

## **LYMPHATIC DRAINAGE**.....50min. / 109€ - 80min. / 159€

Improves and eliminates body toxins and blockages at key lymphatic points. An ideal anti-cellulite therapy and perfect to support with weight loss.

## **SWEDISCH FULL BODY**

### **RELAXING MASSAGE**.....50min. / 109€ - 80min. / 159€

A relaxing full body massage with warm aromatic oil. Dissolves tenseness, relaxes muscles and senses.

### **LOMI LOMI MASSAGE**.....50min. / 109€ - 80min. / 159€

Hawaiian massage ritual that will lead you to a state of deep relaxation and inner peace. Done with hands and forearms, applying warm oil, its fluid and rhythmic moves make this massage an unforgettable experience.





## **VOLCANIC THERMAL**

**STONES** ..... 50min. / 109€ - 80min. / 159€

Muscles yield to the gentle yet powerful warmth of the black basalt stones, releasing tension and imbuing a total sense of relaxation.

**THAI MASSAGE** ..... 50min. / 109€ - 80min. / 159€

A manual therapy using hands, elbows, feet and knees including a number of yoga moves and breathing exercises. Some of the benefits of this kind of massages include strain and stiffness reduction combined with an increase in flexibility. \*Kindly wear comfortable clothing for this treatment.

**ABHYANGA MASSAGE** ..... 50 min. / 119€ - 80min. / 169€

Indian relaxing whole body massage with warm oil.

**GOLF TREATMENT** ..... 50min. / 119€ - 80min. / 169€

This combination of massage and stretching is perfect for golfers and those with tired muscles. Back, legs and arms are treated intensively, leaving you ready for your next round.

## **DEEP TISSUE SPORTS**

**MASSAGE** ..... 50min. / 119€ - 80min. / 169€

A deep massage experience to treat the entire body following an intensive trainings session. This treatment will release deep seated tension and will leave you energized for your next session.

## **COUPLES MASSAGE**

Massages such as back, neck & shoulder massage, classic full body relaxing massage or sports massage can be done in our couples massage cabin. Choose your preferred treatment and enjoy it in the same room with your loved one. (Both guests must book the same treatment).



## BODY BEAUTY TREATMENTS

Maria Galland Paris offers a new art de vivre for its body collection. A holistic approach, combining the needs of the skin, body and mind to help you nurture and release your energy and thus unveil your true unique and distinctive beauty.

### **SUBLIME BODY-POLISH TREATMENT** ..... 25min. / 59€

This gentle exfoliating massage assists skin-detoxification and energy renewal for a fresh start.

### **SUPREME ENERGIZING TREATMENT** ..... 50min. / 119€

This balancing and stimulating massage offers a recharge of positive energy for body and mind.



### **SUPREME RELAXING TREATMENT** ..... 50min. / 119€

This warm, comforting and unwinding massage offers deep relaxation to re-establish a peaceful flow of energy.

### **PACKAGE BODY BEAUTY** ..... 2.75Hrs. / 239€

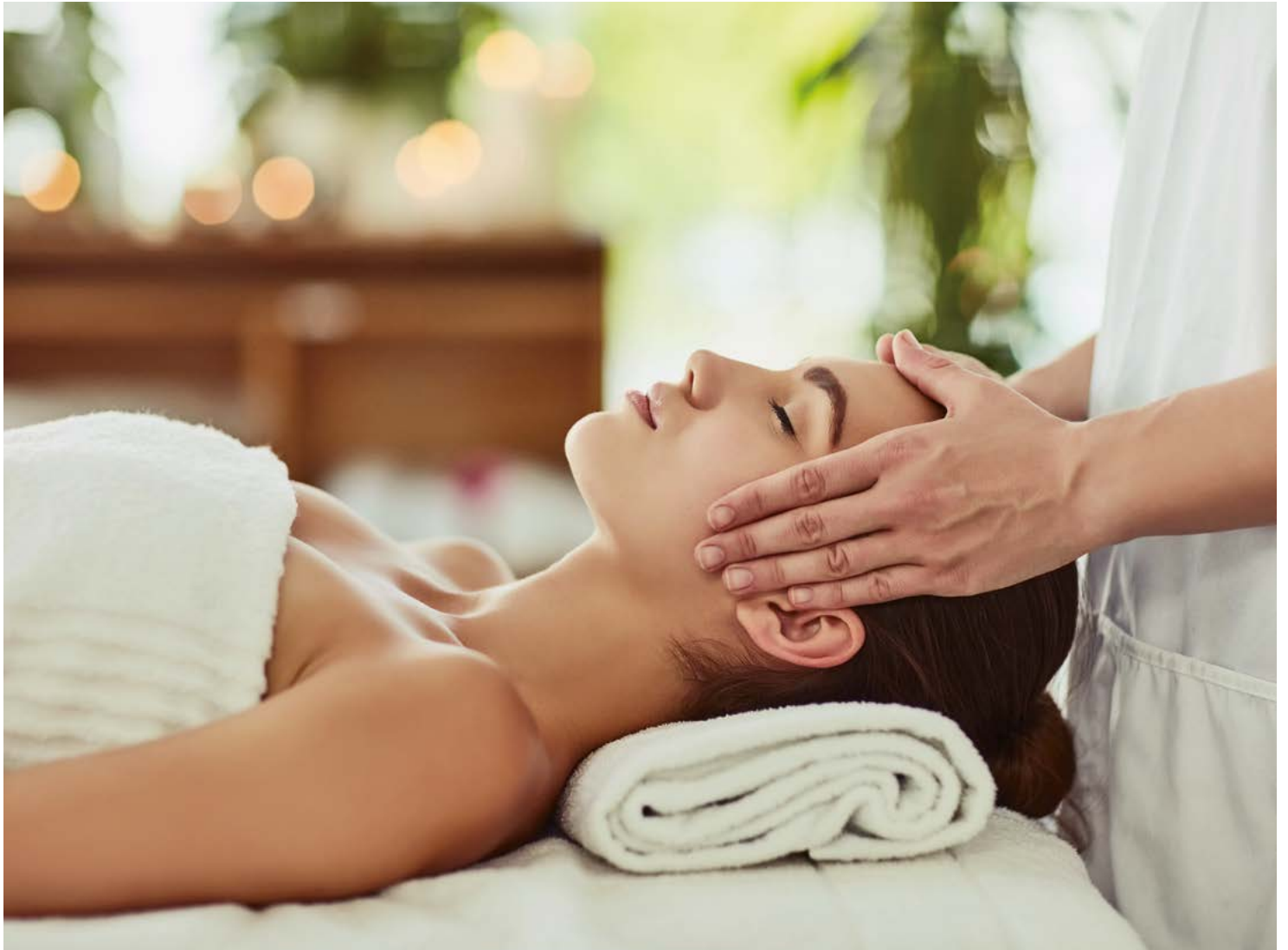
- Sublime Body Exfoliating treatment
- Supreme Energizing Body treatment
- Perfect Luxury pedicure

### **PACKAGE THERAPIES** ..... 3.25Hrs. / 329€

- Indian Head massage
- Lymphatic Drainage 50min.
- Foot Reflexology 25min.
- Abhyanga Massage 50min.

### **PACKAGE MESSAGES** ..... 4Hrs. / 409€

- Deep Tissue Sports Massage 50min.
- Thai Massage 50min.
- Golf Treatment 50min.
- Volcanic Thermal Stones 50min.





## FACIAL TREATMENTS

Restore your skin's natural beauty with a Maria Galland Paris facial treatment. A relaxing massage ritual that begins with cleansing and exfoliation to prepare your skin for the treatment to follow. These initial steps ensure your skin's optimal absorption of the active ingredients.

### **D-TOX SKIN FACIAL** ..... 25min. / 59€

A cleaning ritual which immediately removes dead skin cells, absorbs impurities, unclogs pores and stimulates skin renewal while protecting the integrity of the individual skin ecosystem. A unique beauty method allowing the skin to breathe again.

\*Ideal as a complement to another facial treatment

### **SENSI'REPAIR FACIAL** ..... 25min. / 59€

A professional treatment dedicated to sensitive and reactive skins that combines relaxing and de-stressing movements.

### **SUPREME EYES TREATMENT** ..... 35min. / 79€

A specific eye treatment that fills wrinkles, smooths the eye contours and reduces puffiness and dark circles.

### **HYDRA'GLOBAL FACIAL\*** ..... 60min. / 119€

Leaves the skin intensively hydrated, plumped, revitalized and luminous. Supple, soft and smoothed, the skin gains new energy and signs of fatigue appear reduced.

\*Recommended for men

### **LIFT EXPERT FACIAL** ..... 70min. / 139€

Lifting treatment with an innovative sculpting massage that instantly makes the skin plumper and firmer. Wrinkles are reduced and facial contours more defined.

### **ACTIV'AGE FACIAL** ..... 80min. / 159€

Instantly redensifies mature skin through a combination of product efficacy. Suppler, visibly smoother, and well nourished, the skin sparkles with beauty.

### **BEAUTY PACKAGE** ..... 2,75Hrs. 239€

- D-Tox New Skin Facial
- Hydra'Global Facial
- Luxury Anti-Aging Manicure

## PERSONAL TRAINING

### **PERSONAL TRAINING** ..... 25min. / 55€ - 50min. / 99€

Yoga, fitness, cardio training, muscle fortification, etc.

## HANDS AND FEET

### **MANICURE**.....50min. / 65€

Nails are buffed, cuticles pushed back/cut and hands massaged. Perfect fingers are finished with a sweep of polish in your favourite colour.

### **LUXURY ANTI-AGING MANICURE**.....75min. / 85€

Luxurious, hydrating, brightening dark spots after the classic manicure follows an application of smooth exfoliating and rich hand mask.

Age spots and dehydration benefit from the introduction of the special hand cream. Finalized with your choice of nail polish.

### **MANICURE WITH SEMI-PERMANENT NAIL POLISH**.....60min. / 89€

### **PEDICURE**.....50min. / 69€

This toe tingling treat for feet buffs the nail, removes cuticles and dead skin, and polishes the toes. Feet are kept soft and smooth with a swish of Maria Galland body lotion.

### **PERFECT LUXURY PEDICURE**.....75min. / 89€

Smoothing, moisturizing, stimulating, the perfect foot treatment. After getting a classic pedicure and a deep exfoliation, a hydrating foot mask will be applied which smoothen and soften the skin. This is followed by a relaxing foot massage and the nail polish.

### **PEDICURE WITH SEMIPERMANENT**

### **NAIL POLISH**.....60min. / 95€

### **REMOVE SEMIPERMANENT NAIL LACQUER**.....30min. / 39€

## WAXINGS

### **HAIR REMOVAL**

(with hot or warm wax).....10-40 min. / 17€ - 60€

Full leg, half leg, armpits, bikini line, Brazilian, back, eyebrows, arms, lip, etc.

## TINT AND MAKE-UP

### **EYEBROW TINT**.....15min. / 19€

### **EYELASH TINT**.....20min. / 25€

### **EYEBROW & EYELASH TINT**.....25min. / 39€

### **DAY MAKE-UP**.....40min. / 65€

### **EVENING MAKE-UP**.....50min. / 79€

### **BRIDAL MAKE - UP TRIAL**.....50min. / 79€

### **BRIDAL MAKE - UP**.....60min. / 169€





## **ASSISTANCE**

Our receptionists can help you plan the perfect Castillo Hotel Son Vida Spa experience. Individual treatment combinations are designed to ensure you get the ultimate benefit from the experience.

## **CANCELLATION POLICY**

Please notify us at least 12 hours in advance if you need to cancel or re-schedule your appointment, otherwise we will charge the full price of the service. If you wish to cancel a Castillo Hotel Son Vida Spa package we require 24h notice. Arriving late will reduce your treatment time and you will be charged for the full price of your treatment.

## **PAYMENT OPTIONS**

We accept all major credit cards. Hotel guests may also be charged for spa services to their room.

All prices include VAT.

## **LOCKERS**

We offer our clients lockers available in our changing rooms at Castillo Hotel Son Vida Spa. Please note that we recommend you to leave valuable items such as jewellery and others in your room safe. The Castillo Hotel Son Vida Spa cannot take responsibility for any lost or stolen items.

## **HEALTH CONDITIONS**

Should you suffer from high blood pressure, a heart condition or allergies, have recently had surgery, or if you

are pregnant, please notify the team when booking your treatments. Please also advise us of any medication you may be taking. It is always advisable to check with your doctor prior to your arrival.

## **PRICES AND TAXES**

All prices include VAT. Castillo Hotel Son Vida Spa reserves the right to change prices without prior notice.

## **SPA PACKAGES**

When booking a spa package, the treatments listed must be used and cannot be substituted for any other treatment. Payment of the entire spa package must follow the use of the first treatment.

## **OPENING HOURS**

Spa.....	8:00 a.m. – 8:30 p.m.
Gym.....	24 hours
Treatments.....	11:00 a.m. – 7:00 p.m.
Finnish Sauna.....	3:00 p.m. – 8:30 p.m.
Bio Sauna & Steam Bath.....	10:00 a.m. – 8:30 p.m.





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