M E N U

## CARESSED BY WAITER

Quan is an experience that embraces one of

power of water and the natural world it

nourishes, granting the opportunity for complete release and mindful growth.

Our treatments provide a transformative

experience that restores through the

tranquility and purity of water.

# CENTRED BYBREATH

#### QUAN SIGNATURES

Quan Signatures are our indulgent treatments and packages that give you a unique experience, including a selection with local flair that are exclusive to this Quan location.



#### QUAN SPECIAL 120 MINUTES

Not to be missed, never to be forgotten. Our signature therapy performed by two therapists working together, is a unique blend of different massage styles for 120 minutes. The synchronization of the two therapists makes this massage a sublime experience

Foot Ritual – 10 minutes Body scrub – 35 minutes Floral Bath – 15 minutes 4 Hand- Treatment – 60 minutes

#### CALM & HEAL: GINGER STONE THERAPY 90 MINUTES

This soothing treatment combines the healing properties of ginger with the therapeutic benefits of hot stones to melt away tension and revitalize your body and mind.

#### AROMATHERAPY WITH WAX 90 MINUTES

Aromatherapy is a therapy that harnesses the power of scent to promote health and well-being. The essences are traditionally captured from plants, which include flowers, leaves, stems, bark, and roots. Integrating aromatherapy with wax adds a warm, sensory-rich dimension. It not only emits delightful fragrances, but also creates a soothing ambiance that caters to your innate desire for warmth and light.

This pairing is a powerful stress reliever and can encourage mindfulness, creating an atmosphere of peace and tranquilitya sanctuary within your mind.

#### HARMONY PACKAGE 120 MINUTES

An unforgettable journey for your body is awaiting you with this package. First indulge in a softening body scrub treatment, followed by our traditional Vietnamese therapy that will relax the whole body, cure the chill and tiredness.

Salt body scrub - 30 minutes Vietnamese traditional treatment - 90 minutes

#### REVIVER PACKAGE in 90 MINUTES

Pamper yourself with a rejuvenating spa experience. Relax in a warm scented body wrap before discovering the traditional therapy of Vietnam.

Body wrap – 30 minutes Vietnamese traditional treatment – 60 minutes

### HEALED BY 1000CH

#### MASSAGE THERAPY

Massage therapy is one of oldest therapeutic remedies known to man. The simple act of human touch has the ability to connect, stimulate, relax and regenerate the body's natural healing processes.

I LOCAL INDULGENCES

#### VIETNAMESE TRADITIONAL TREATMENT 50 MINUTES | 90 MINUTES

Slow and deep movements help relax the muscles and connective tissues, thus, reduce tension. This therapy is beneficial to relieving chronic pain by speeding up blood circulation, thereby delivering oxygen and nutrients to the muscles, restoring strength and dispelling fatigue.

#### HOT STONE TREATMENT 60 MINUTES | 90 MINUTES

The healing power of touch combines with the energy of the earth in this relaxing, muscle melting massage. Smooth, warmed rocks glide across your body in long, flowing strokes. The heat helps to relax the muscles and has a soothing effect on your emotions. Simultaneously, heated stones are placed on the body's various energy points to encourage the body's natural healing ability.

#### THAI MASSAGE 60 MINUTES | 90 MINUTES

Characterized by muscle compression, joint movement or acupressure combined with yoga-like body stretching, Thai massage therapy helps activate meridians and acupuncture points throughout the body and promotes natural healing. Thai traditional massage using no massage oils is a combination of relaxation and vitality enhancement treatment.

#### HERBAL COMPRESS TREATMENT 60 MINUTES | 90 MINUTES

Herbal compress massage is a gentle way to heal both physical and mental strains. Each herbal bag contains various traditional herbs such as ginger, lemongrass, lemon, eucalyptus, licorice and many more with effects of pain relief, detoxification and relaxation.

#### DEEP TISSUE TREATMENT 60 MINUTES | 90 MINUTES

Using a pressure right for you and your state of health, during your deep tissue massage we will focus on specific body areas to help remove trigger points problem and release deep muscle toxicity. You will feel the relief of stiffness and tension in the muscles.

### BEWED BY RLOW

#### **BODY THERAPY**

The contemporary art of body therapy combines polishes, scrubs, wraps and masks into luxurious treatments that rejuvenate, detoxify, firm and re-hydrate skin.

#### I LOCAL INDULGENCES

#### PURE RENEWAL BODY WRAP 45 MINUTES

Our natural delivered ingredients will activate the skin's nourishment and regeneration process.

#### ORGANIC BLISS BODY SCRUB 45 MINUTES

Options of scrubbing with naturally derived ingredients through our excellent aromatherapy will leave your skin silky and refreshed.

#### COOLING AFTER-SUN WRAP 45 MINUTES

Nurture your tender skin after a long day in the sun with Quan Spa's cooling wrap, which will provide intense, deep hydration that your skin requires.

#### HERBAL DETOX III 45 MINUTES

This ritual will provide you the benefits of our indigenous natural plant, called "Ming Alalia". This plant is known to have anti-inflammatory properties. Its leaves have been traditionally used in remedy to reduce inflammation in the body. Start off with a soothing 5 minutes foot bath, followed by a comprehensive 30 minutes body scrub and round up with a calming 10 minutes herbal bath.

#### SILKY COCONUT SCRUB 45 MINUTES

Indulge in our Silky Coconut Scrub for smooth, refreshed skin. Featuring coconut oil and gentle exfoliants, it cleanses and moisturizes, leaving you feeling rejuvenated.

### REJUVENATED BY MOISTURE

#### FACIAL THERAPY

Our faces reveal all. Our emotions, our history and even our personality. Like your eyes, it really is the window to the soul and deserves extra special care.

#### ANTI-AGING FACIAL 60 MINUTES | ANTIOXIDANT

Enriched with energizing Spirulina and boosted with Marine Magnesium, our Anti-Aging Facial formula contains an algae complex that forms an invisible protective film on the skin's surface, helping combat the signs of aging. Experience revitalized and youthful-looking skin with our nourishing treatment.

#### PURIFYING FACIAL 60 MINUTES | DEEP CLEANSING

Formulated with high-quality ingredients like clay, algae extract, and grapefruit seed extract, our Purifying Facial gently removes impurities and excess oil from deep within the pores, restoring balance to the skin. Experience hydrated, soft, and radiant skin with our nourishing treatment.

#### HYDRATING FACIAL 60 MINUTES | AROMATHERAPY

A haven of peace for dry and sensitive skin, this aromatherapy facial will ensure that ingredients are quickly absorbed and leaving your skin dewy and soft.

It provides deep nourishment and restores

It provides deep nourishment and restores hydration back to your skin while smooths out fine lines for a smoother appearing complexion.

### BALAICE BY BREEZE

#### BY THE BEACH

Water has tremendous healing potential for the human mind, body and spirit. Relax, refresh and restore your emotional and physical balance with this de-stressing massage by the beach.

#### EXPRESS TREATMENT 30 MINUTES

For those who are on a tight schedule, this short but effective massage focusing on the back, neck and shoulders will help to relieve tension and stress magically and effectively after only 30 minutes.

#### FOOT REFLEXOLOGY 50 MINUTES

The most blissful ride your feet will ever take you on. Based on therapeutic principles, this foot massage will help to release toxins and restore the energy flow in your body. You will feel like you are walking in paradise.

#### HERBAL FOOT BATH 30 MINUTES

Foot soaks is a wonderful way to relax after a long day. Along with a foot massage, it will help to revive circulation in the foot.

# SPA E11QUE111E

### The Quan Spa team is delighted to recommend you the best treatments suited for your body and skin condition.

#### WHAT SHOULD I WEAR TO THE SPA?

All of our treatment rooms are equipped with changing facilities and we will provide a change of clothing for your session. In addition, please feel free to wear your robe provided in your hotel room.

#### WHAT SHOULD I WEAR DURING MY TREATMENTS?

Disposable undergarments are offered in our facilities.

#### IS THERE A MINIMUM AGE REQUIREMENT?

Guests under 18 years of age shall not receive any spa treatments or massages.

#### IS IT NECESSARY TO ARRIVE EARLY FOR MY TREATMENT?

We ask that you arrive at least 15 minutes before your scheduled appointment to allow yourself time to complete a wellness questionnaire, to help us personalize your spa visit.

#### WHAT IF I AM RUNNING LATE FOR MY APPOINTMENT?

To ensure the best possible spa experience, please ensure you are on time, as treatment times will be shortened for the next guest's appointment.

The full price of the treatment will still be charged.

#### WHAT DO I DO IF I NEED TO CANCEL MY SPA TREATMENT?

If you wish to reschedule or cancel your treatment, please inform us at least 2 hours prior to your appointment time to avoid cancellation charges. All bookings must be guaranteed by either your hotel room number or with a valid credit card.

#### WHAT DO I DO IF I AM PREGNANT OR HAVE ALLERGIES?

Kindly consult with your physician before signing up for any treatment.

We do offer select treatments for pregnant guests.

Please make sure to inform the Quan Spa team

### PRICE LIST

VND

#### QUAN SIGNATURES

		VIVD
QUAN'S SPECIAL	120 mins	2,500,000
AROMATHERAPY WITH WAX	90 mins	2,000,000
HARMONY PACKAGE	120 mins	2,300,000
REVIVER PACKAGE	90 mins	2,000,000
CALM AND HEAL: GINGER STONE THERAPY	90 mins	2.300.000

#### MASSAGE THERAPY

	VND
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VIETNAMESE TRADITIONAL	60 or 90 mins	1,500,000 or 1,800,000
TREATMENT		
HOT STONE TREATMENT	60 or 90 mins	1,600,000 or 2,000,000
THAI MASSAGE	60 or 90 mins	1,500,000 or 1,800,000
HERBAL COMPRESS	60 or 90 mins	1,600,000 or 2,000,000
TREATMENT		
DEEP TISSUE TREATMENT	60 or 90 mins	1,500,000 or 1,800,000

#### FACIAL THERAPY

VND
1,500,000
1,300,000
1,300,000
1

#### **BODY THERAPY**

		VND
PURE RENEWAL BODY WRAP	45 mins	1,200,000
ORGANIC BLISS BODY SCRUB	45 mins	1,200,000
COOLING AFTER-SUN WRAP	45 mins	1,200,000
HERBAL DETOX	45 mins	1,200,000
SILKY COCONUT SCRUB	45 mins	1,200,000

#### BY THE BEACH

		VND
EXPRESS TREATMENT	30 mins	700,000
FOOT REFLEXOLOGY	50 mins	1,000,000
HERBAL FOOT BATH	30 mins	500,000

SPA OPENING HOURS

09:00 AM - 10:00 PM MONDAY - SUNDAY SPA RESERVATIONS

TEL: (0236) 396 6888, EXT. 2293



### CARESSED BY WAITER



DANANG MARRIOTT RESORT & SPA. NON NUOC BEACH VILLAS

#### **SPA RESERVATIONS**

TEL: +84 396 6888, EXT. 2293

#### SPA OPENING HOURS

09:00 AM - 10:00 PM MONDAY - SUNDAY