

Aqua courses

Please note that during the courses the swimming pool is maybe limited or not available. The Spa area is available.

Monday

- 09.30 am – 10.15 am AQUA MIX
- 10.45 am – 11.30 am Reha water gymnastics
- 12.45 pm – 01.30 pm Clinic Freising
- 01.30 pm – 06.00 pm Swimming course

Tuesday

- 12.00 pm – 12.45 pm Reha water gymnastics
- 12.45 pm – 13.30 pm Clinic Freising
- 01.30 pm – 06.00 pm Swimming course

Wednesday

- 09.30 am – 10.15 am AQUA MIX
- 10.45 am – 11.30 am Reha water gymnastics
- 12.45 pm – 13.30 pm Clinic Freising
- 01.30 pm – 16.00 pm Swimming course

Thursday

- 12.00 pm – 12.45 pm Reha water gymnastics
- 12.45 pm – 13.30 pm Clinic Freising
- 01.30 pm – 06.00 pm Swimming course

Friday

- 09.30 am – 10.15 am Reha water gymnastics
- 10.45 am – 11.30 am Clinic Freising
- 01.30 pm – 06.00 pm Swimming course

Please note, that no water courses take place on public holidays.

You would like to participate in one of our courses? Please feel free to contact us at 08161 -9769863.