

# Afternoon Tea, A very English Tradition

Tea, that most quintessential of English drinks, is a relative latecomer to British shores. Although the custom of drinking tea dates back to the third millennium BC in China, it was not until the mid - 17th century that tea first appeared in England.

Afternoon tea was introduced in England by Anna, the seventh Duchess of Bedford, in the year 1840. The Duchess would become hungry around four o'clock in the afternoon. The evening meal in her household was served fashionably late at eight o'clock, thus leaving a long period of time between lunch and dinner. The Duchess asked that a tray of tea, bread and butter and cake be brought to her room during the late afternoon. This became a habit of hers and she began inviting friends to join her.

This pause for tea became a fashionable social event and during the 1880's upper-class and society women would change into long gowns, gloves and hats for their afternoon tea which was usually served in the drawing room Between four and five o'clock.

### **Tisane and Speciality Tea Selection**

### **Breakfast Tea**

#### **English Breakfast**

The perfect "pick-me-up" tea to drink at any time of the day. The traditional English breakfast tea is both bright and full-bodied.

### **Black Teas**

#### **Bukhial Assam**

Grown on the south side of the Brahmaputra River in the remote region of Nagaland, this Assam tea grows slowly with a lower yield resulting in the intense flavours of strong and rounded Malt.

### **Classic Royal Tea Blend**

Full bodied with a wonderful depth of flavour, Classic Royal harnesses toasty notes from the Darjeeling, true malty flavour from the Assam and a bright, lively flavour from the premium Ceylon tea.

#### **Caramel Cream Flavoured Black Tea**

Butterscotch taste blended with natural flavour of creamy caramel, a hint of vanilla and premium Ceylon black tea.

### Earl Grey

A light tea, pale gold in colour using natural flavours and oils balanced with the natural brightness of Ceylon tea that gives the Earl Grey its distinctive flavour of bergamot without the overpowering perfume.

#### **Lovers Leap Ceylon**

A truly delightful, medium bodied, flavoursome tea from one of the best tea gardens in Sri Lanka. Grown at high altitude amongst steep hills you can be sure of tasting a wonderful piquant cup with real Ceylon Tea.

### **Russian Caravan**

Fallowing the history of Silk Road tradition, Russian Caravan is an excellent combination from Assam Lapsang Souchong and a light, bright Ceylon tea.

# Green Tea

### **Jasmine Blossom**

Green tea with exotic eastern flavours of jasmine that blooms in May for the most intense aroma.

# **Herbal Infusions**

### **Tropical Mango**

Natural dried apple pieces, Hibiscus, Rosehip and natural flavours, tropical mango fruit tea has such a great flavour without being overly sweet, packed with vitamin C and caffeine free.

### **Together Mint**

A truly refreshing blend combining peppermint and spearmint leaves with blue cornflower petals for decoration. A great tea which is caffeine free and a refreshing drink anytime of the day.

### Mint Chocolate Rooibos

Cocoa pieces and organic peppermint are combined with premium rooibos tea to bring a refreshing, healthy drink.

### Malibu Dream Fruit Tea

A truly dreamy fruit tea with an exceptional tropical taste highlighted by the addition of coconut

### Exotic Strawberry and Kiwi

Bold and intense strawberry and kiwi flavours make for a truly thirst-quenching tea.

## Chai Teas

### Chantilly Cream Chai Cha

A flavoured white tea using Pai Mu Tan leaves from a vertical tea bush known as Narcissus (Chaicha) blended with an array of floral petals and naturally flavoured with Pomegranate and vanilla.

### Jasmine Chai

Jasmin, Rose and Lavender petals add exquisite floral notes to a traditional chai mix blend with a fullbodied Assam. A warming spice flavour is provided by ginger and cardamom mixed with cinnamon, cloves and nutmeg.

Hanbury Manor Marriott Hotel & Country Club Cambridge Road, SG12 0SD, 01920487722 If you are concerned about food allergies e.g. nuts, you are invited to ask one of our team members for assistance. All prices are inclusive of VAT and an optional 12.5% service charge will be applied to your bill.

### Vegetarian or Vegan Afternoon Tea

A selection of traditional sandwiches

Cucumber, vegan mascarpone and basil on white bread Devilled tofu mayo and cress on white bread Grilled aubergine, spinach and red pepper hummus on white bread Grilled artichoke, roasted tomato, piquillo pepper on mini brioche Plant based coronation chicken and raisin wrap

> ൾ രം Plain and sultana scones, Strawberry jam and clotted cream ൾ രം

A selection of hand-made pastries

Please ask your server for a detailed description

Choose from our selection of speciality teas

(Minimum of 48 hours' notice is required for gluten and vegan options.)

A selection of traditional sandwiches

Coronation chicken and raisin wrap Cucumber, mascarpone and basil on white bread Egg mayo and cress on white bread Hot smoked salmon, lemon & caper cream on mini brioche Wiltshire ham, apple and cider chutney on white bread

> ی۔ Plain and raisin scones, Strawberry jam and clotted cream ش که

A selection of hand-made pastries

Lemon, mascarpone, and curd cream cake Almond and raspberry financier Apricot cheese cake Chocolate and cherry mousse Banoffee pie

~ ~

Choose from our selection of speciality teas

(Minimum of 48 hours' notice is required for gluten and vegan options.)

# Traditional Afternoon Tea (Monday to Sunday)

Traditional afternoon tea (3163c)	£50.00
Served with a glass of Prosecco (4079c)	£55.00
Served with a glass of Lanson champagne (3203c)	£60.00

Т

\*\* Prices displayed are Per Person\*\* \*\* Maximum seating for all reservations is two hours from booking time\*\*