

THE
SPA

AT MARRIOTT'S
HARBOR
BEACH

SERVICES MENU

Fort Lauderdale Marriott Harbor Beach Resort & Spa
3030 Holiday Dr. Fort Lauderdale, FL 33316
954-525-4000

THE SPA

AT MARRIOTT'S
HARBOR
BEACH

Your first step into our oceanfront spa is a step onto the path to wellness. This is an oasis of relaxation that nurtures the mind, body and soul. Located on the largest private beach in South Florida, you'll find tranquility the second you open the door.

Every detail of every treatment has been diligently perfected to give you a completely rejuvenating experience. With added access to our state-of-the-art fitness center, pools, saunas and steam rooms, this is not just a trip to the spa. It's a journey to an all new you.

Welcome to your senses.

CALL 954.765.3032
TO SCHEDULE YOUR APPOINTMENT.

Inquire about daily spa access and fees for resort guests (waived with the purchase of a 50-minute treatment) and age requirements.

Please be mindful of our 24 hour cancellation notice for scheduled services.

MASSAGE AND BODY THERAPIES

HARBOR BEACH CLASSIC MASSAGE

This traditional full-body Swedish Massage provides light to medium pressure to relieve tension, improve circulation and leave you feeling relaxed and rested.

50 minutes \$155

80 minutes \$240

HARBOR BEACH ZEN MASSAGE

Inspired by the Indonesian Sea Malay Massage, this exceptional ritual acts in synergy with our Tranquility Essential Oil Blend to effectively induce a state of deep rest.

50 minutes \$175

80 minutes \$260

HARBOR BEACH MOTHER'S BLISS MASSAGE

This gentle elasticizing, nurturing massage is recommended for the mommy-to-be and is also the perfect post-partum massage!

50 minutes \$165

HARBOR BEACH SOOTHING STONE MASSAGE

This wonderfully warm and nurturing massage uses heated river rocks to relax both mind and body while also improving mobility, range of motion and easing muscle tension.

50 minutes \$175

80 minutes \$260

HARBOR BEACH SIGNATURE TIKI BLISS MASSAGE

This massage is tranquility at its core. A warm bamboo styled massage offering medium pressure used to soften tight muscles. The smooth texture and perfectly heated bamboo relax your body and mind.

50 minutes \$175

80 minutes \$260

HARBOR BEACH DEEP MUSCLE THERAPY MASSAGE

This deep tissue massage is ideal for targeting the under layers of muscle to aid in the release muscle tension, loss of flexibility and motion. This massage is paired perfectly with our arnica gel.

50 minutes \$175

80 minutes \$260

HARBOR BEACH MASSAGE SAMPLER

This massage will treat you to the ultimate massage experience. A combination of aromatherapy, Swedish, targeted deep muscle therapy, and soothing stones. All massage styles are blended in perfect harmony for total relaxation to promote sense of tranquility and overall well-being.

50 minutes \$175

80 minutes \$260

HARBOR BEACH STICKS AND STONES MASSAGE

This massage is an enticing and therapeutic combination of our Soothing Stone Massage and Signature Tiki Bliss Massage. Warm stones are used to warm & relax the muscles, then on to detail work with heated bamboo sticks. Muscle tension, circulation, and relaxation are just some of the benefits from this customized, heated massage.

50 minutes \$175

80 minutes \$260

HARBOR BEACH OCEAN BREEZE CBD MASSAGE

This medium, therapeutic pressure massage provides maximum pain relief and relaxation. Emerge fully refreshed with a Therapeutic Muscle Therapy Massage offered with 400mg of high potency CBD oil and targeted CBD cream sourced from organically grown hemp plant in a formula that is water-soluble. This massage provides relief from muscle tension, while easing feelings of stress and anxiety. Our oil is THC free so no toxicity or side effects.

50 minutes \$185

80 minutes \$295

HARBOR BEACH ARGAN OIL SCALP AND NECK MASSAGE

This 25-minute massage is packed with powerful and relaxing benefits. Argan oil will help revitalize the scalp, increase hair's elasticity, and restore health to the scalp and hair. All while reducing stress and boosting blood flow to the scalp that could aid in the reduction of headaches.

25 minutes \$90

HARBOR BEACH FLIP FLOP RELIEF MASSAGE

This 25-minute massage is the perfect relief for aching feet. With concentration completely on the feet and lower legs, this treatment aids in alleviating aches and pains, but also provides stress relief and relaxation.

25 minutes \$90

HARBOR BEACH STRESS DECOMPRESS MASSAGE

This 25-minute massage is the perfect relief for those with the weight of the world on their shoulders. With concentration on the mid and upper muscles located around the spine. Various techniques are used to relax muscles and improve circulation. This treatment aids in the alleviation of aches and pains, but also provides stress relief and relaxation.

25 minutes \$90

HARBOR BEACH COUPLES MASSAGE EXPERIENCE

(All 50- and 80-minute massages may be booked as a couple's service. Additional fee do apply for couples massage.) Relax in the company of your partner, a dear friend or family member in our serene couple's suites where you both will indulge in a massage.

50 minutes starting at \$315

80 minutes starting at \$485

MASSAGE TREATMENT ENHANCEMENTS

Hand Scrub	\$20
Foot Scrub	\$20
CBD	\$25
Yoga Balm/Arnica	\$20
Soothing Stones	\$20

BODY CARE

HARBOR BEACH SIGNATURE CITRUS BLOSSOM SKIN RENEWAL

This relaxing body treatment features a citrus blossom sugar that is massaged into the skin with coconut milk, ridding the body of dull skin to reveal new healthy skin while strengthening elasticity and replenishing moisture to create the ultimate healthy glow.

50 minutes \$170

HARBOR BEACH SIGNATURE BACK FACIAL

A smoothing, renewing, and regenerating treatment for a tired and congested back! A bespoke power packed treatment designed especially for your skin's needs purification, soothing, and repairing needs!

50 minutes \$170

HARBOR BEACH DEEP BODY RENEWAL WRAP

A smoothing, renewing, and regenerating treatment for restored tone, elasticity, and hydration. An ideal treatment for skin that needs a boost of moisture and elasticity. Packed with regenerating and revitalizing properties, skin is left soft, silky, and firmer.

80 minutes \$240

SKIN CARE

HARBOR BEACH SIGNATURE FACIAL

Treat your skin to the care it deserves! A bespoke power packed facial designed especially for your skin's needs, whether it be age protection, hydration, purification, soothing or repair! This facial is all about you!

50 minutes \$170

80 minutes \$240

HARBOR BEACH BOOST OF RADIANCE FACIAL

Give your skin the boost of radiance and plumpness it needs with an innovative double peel followed by a lifting mask for immediate rejuvenation. The Active-lift massage softens fine-lines and wrinkles and invigorates skin tone.

50 minutes \$170

80 minutes \$240

HARBOR BEACH SACRED NATURE REGENERATIVE ELIXIR

A pro-youth facial featuring our proprietary antioxidant organic Scientific Garden Extract™, a personalized protocol for lifting (Elixir Lift) or purifying (Elixir Glow), and deep cleansing and nourishing massage touches throughout.

50 minutes \$170

HARBOR BEACH SACRED NATURE EXPRESS FACIAL

An express facial for instant hydration and radiance with a unique 7-step Regeneration Technique for plump, dewy and beautiful skin. This luxurious facial, features organic skincare products suitable for guests of any age.

25 minutes \$90

ADVANCED SKIN CARE

HYALURONIC HYDRATING FACIAL

Replenish hydration with this oil-free facial that gives skin an instantly plumped, smoother appearance. Includes Dr. Dennis Gross's best-selling Alpha Beta Professional Peel and line-smoothing light therapy targeting the eye area.

50 minutes \$185

SIGNATURE HYDRAFACIAL

This treatment deeply cleanses, extracts, and hydrates the skin utilizing super serums filled with antioxidants, peptides, and hyaluronic acid

25 minutes \$199

DELUXE HYDRAFACIAL

This treatment includes Connective Tissue Growth Factors to improve the appearance of skin tone, texture, and elasticity to help diminish the appearance of lines and wrinkles.

50 minutes \$260

HYDRAFACIAL PLATINUM EXPERIENCE

The ultimate HydraFacial experience! Begin the detoxification process with Lymphatic Therapy. Continue with the Deluxe HydraFacial to deeply cleanse, extract and hydrate the skin while addressing specific skin concerns with specialty vial of your choice. This treatment concludes with LED Light Therapy.

80 minutes \$320

SKINCARE TREATMENT ENHANCEMENTS

Eye Treatment.....	\$20
Hydrafacial Lip Treatment.....	\$55
Hydrafacial Eye Treatment.....	\$55
Hydrafacial Booster.....	\$55

WAX

Brow Shaping	\$30 (25 mins)
Lip Wax	\$20 (25 mins)
Chin Wax.....	\$20 (25 mins)
Bikini Wax.....	\$50 (50 mins)
Underarm.....	\$30 (25 mins)

SPA PACKAGES

HARBOR BEACH SPA OASIS EXPERIENCE WITH LUNCH

Enjoy the day in our spa oasis! This package includes our 50-minute classic massage, 50-minute Harbor Beach Signature Citrus Blossom Skin Renewal, 50-minute Signature Facial, and a \$25 lunch voucher that may be used at the Spa pool, Riva or Sea Level restaurant.

150 minutes \$470 (package discounted at 10%.
No other discounts or promotions apply)

HARBOR BEACH SIGNATURE SPA EXPERIENCE

Indulge in our Signature services! This package includes our 50-minute Signature Tiki Bliss Massage, 50-minute Signature Facial, Harbor Beach Signature Citrus Manicure & Harbor Beach Citrus Pedicure.

175 minutes \$418 (package discounted at 10%. No other discounts or promotions apply)

HARBOR BEACH COUPLES RETREAT EXPERIENCE

Celebrate and relax with our 80-minute Harbor Beach classic massage featured in our private, couple's suite. Finish the experience with our Harbor Beach Signature Citrus Blossom Pedicure.

125 minutes \$563 (package discounted at 10%.
No other discounts or promotions apply)

HARBOR BEACH SALON RETREAT EXPERIENCE

Indulge in our salon services for a day of pampering focused on you! This package includes our Harbor Beach Signature Citrus Blossom Manicure and Pedicure and a blowout.

120 minutes \$176 (package discounted at 10%.
No other discounts or promotions apply)

HARBOR BEACH THE GROOMED GROOM EXPERIENCE

Start your day of bliss with this salon experience that will ensure you are photo ready. Package includes our Harbor Beach Gentlemen's cut, gentlemen's manicure, and gentlemen's pedicure.

105 minutes \$149 (package discounted at 10%.
No other discounts or promotions apply)

HARBOR BEACH THE BEAUTIFUL BRIDE EXPERIENCE

Start your day of bliss with this salon experience that will ensure you are photo ready. Package includes our Harbor Beach bridal hair service, bridal makeup service and our Swept Away On Vacay Manicure.

175 minutes \$297 (*package discounted at 10%.*
No other discounts or promotions apply)

NAIL CARE

HARBOR BEACH SIGNATURE CITRUS BLOSSOM MANICURE

Bring back a youthful glow to the hands with a warm coconut milk soak and exfoliation of pure cane sugar infused with exotic nut oils. Breathe deep and relax as a massage with vitamin rich nourishing lotion is applied, leaving skin silky and smooth

30 minutes \$50

HARBOR BEACH SIGNATURE CITRUS BLOSSOM PEDICURE

A soothing and cleansing coconut milk soak followed by an exfoliation using raw cane sugar infused with exotic oils. A nourishing body butter massage will be given to relax feet and legs, leaving skin soft and glowing.

45 minutes \$70

HARBOR BEACH SOOTHING STONE MANICURE

This luxurious, soothing stone manicure will release stress and leave your hands feeling silky smooth. The treatment begins with a warm, almond milk bath, skillful led grooming, and an exfoliating moisture scrub. Finished off with the stone massage that is aided by a hydrating lotion and primed to perfection with polish of choice.

30 minutes \$55

HARBOR BEACH SOOTHING STONE PEDICURE

This luxurious, soothing stone pedicure will release stress, relieve aching legs and feet leaving them feeling silky smooth. The treatment begins with a warm, almond milk bath, an exfoliating moisture scrub, followed by an illuminating mask. Graciously finished off with the soothing stone massage and primed to perfection with polish of choice.

50 minutes \$75

HARBOR BEACH SWEEP AWAY ON VACAY MANICURE

Hands are soaked to soften cuticle in a luxurious milk bath, shaped, filed, buffed, and nails polished to perfection with OPI's gel polish, finished off with a hand and arm massage with our marine hydrating oil leaving skin moisturized and glowing. Since there is no drying time, no chips, smudges, or nicks this is the perfect splurge for those that will be spending lots of time on the beach!

50 minutes \$70

**HARBOR BEACH SWEEP AWAY
ON VACAY PEDICURE**

Feet are soaked in a luxurious milk bath, followed by our marine salt scrub, and finished with the marine cooling mask. Your nails will then be shaped, filed, buffed, and polished to perfection with OPI's gel polish, wrapped up off with a foot and leg massage with our marine hydrating oil leaving skin moisturized and glowing. Since there is no drying time, no chips, smudges, or nicks this is the perfect for those that will be spending lots of time on the beach! (may also opt for regular polish)

50 minutes \$85

HARBOR BEACH OCEAN BREEZE CBD MANICURE

Primped and polished to perfection, relax with a soothing soak, an exfoliating scrub, then drenched by a blissful balm that is wrapped with a warm towel. Finish the experience with 400mg of organic, water-soluble CBD oil massaged into the arms and hands with a rose quartz wand to alleviate any aches, pains, and bring out inner peace.

50 minutes \$70

HARBOR BEACH OCEAN BREEZE CBD PEDICURE

Primped and polished to perfection, relax with a soothing soak, an exfoliating scrub, then drenched by a mud mask that is wrapped with a warm towel. Finish the experience with 400mg of organic water-soluble CBD oil massaged into the feet and legs with a rose quartz wand to alleviate any aches, pains, and bring out inner peace.

50 minutes \$85

HARBOR BEACH GENTLEMEN'S MANICURE

Hands are soaked to soften cuticle in a luxurious marine salt bath, shaped, filed, buffed, and finished off with a hand and arm massage with our marine hydrating oil leaving skin moisturized.

30 minutes \$50

HARBOR BEACH GENTLEMEN'S PEDICURE

Feet are soaked to soften cuticle in a luxurious marine salt bath, shaped, filed, buffed, and finished off with a marine mud mask, warm towel, foot, and leg massage with our marine hydrating oil leaving skin moisturized.

45 minutes \$70

NAIL TREATMENT ENHANCEMENTS

Gel Polish	\$20
French Polish	\$20
Gel Polish Soak-off.....	\$15
Hand Scrub	\$20
Foot Scrub	\$20
Paraffin	\$25

HAIR CARE

CUTS

- Ladies Signature Cut – \$85- \$115 (80 mins)
(shampoo, conditioner, scalp massage & blow dry)
- Gentlemen's Clipper Cut – \$45-\$55 (30 mins)
(shampoo, conditioner, scalp massage & blow dry)
- Bang Trim - \$25 (15 mins)
- Beard Trim/Shaping - \$25 (15 mins)

COLOR

- (All hair color services include shampoo, conditioner, scalp massage & blow dry.)
- All – Over Color - \$95 - \$125 (80 mins)
 - Full Root-Touchup - \$75 - \$95 (50 mins)
 - Full Highlight - \$145 - \$175 (120 mins)
 - Partial Highlight - \$115 - \$145 (90 mins)
 - Men's Color - \$45 - \$55 (30 mins)

STYLING

- Blowout – \$55 - \$75 (50 mins)
- Formal Style – \$95 - \$115 (80 mins)
- Curling or Flat Iron Style - \$30 (30 mins)
(does not include shampoo, conditioner, scalp massage & blow dry)
- Bridal Hair - \$115-\$135 (90 mins)
- Bridal Party Hair - \$100 - \$115 (80 mins)
- Junior Bridal Hair - \$50 (50 mins)
(age restrictions apply – reserved for those 5-12yrs of age)

MAKEUP

- Bridal Makeup - \$125 (80 mins)
- Bridal Party Makeup - \$100 (50 mins)
- Junior Bridal Makeup - \$55 (25 mins)
(age restrictions apply – reserved for those 5-12yrs of age)
- Strip Lashes - \$25 (10 mins)

HAIR TREATMENT ENHANCEMENTS

Deep Conditioning Hair Treatment..... \$20

Daily Resort Guest Fee \$60 per guest, per day.
(subject to facility availability)

POLICIES & INFORMATION

Prices do not include 20% service charge. Discounts and promotions may not be combined. Services subject to availability. Advanced booking recommended. 30-minute check-in prior to first service highly suggested. Changes/cancellations require 24-hour notice during business hours, or 100% fee will be applied to any missed or lately cancelled reservation. Same day bookings are not subject to cancellation. To maintain the ambience of our spa and respect the privacy of all guests, we ask that all cell phones are turned off and stored in a locker. Spa facilities and massages are for guests 18 years of age and older. Salon and facial services welcome to guest under the age of 18 (minimum age of 16 for facial). Valid identification required. Exclusive access to spa amenities is included with any 50- or 80-minute massage, facial, or body treatment. Our spa coordinators will be happy to assist with any questions or special request you have to make your day special.