

classic breakfast

All American

Two eggs any style with seasoned potatoes , choose bacon, ham steak or sausage and toast, bagel or muffin. Includes juice and coffee 14

**Good Start

Oatmeal, cold cereal or housemade granola with fresh berries or bananas, skim milk, and choice of toast, bagel, or muffin. Includes juice and coffee [400 calories] 12

etc.

Smoked Crisp Bacon 4

Sausage Links 4

Turkey Sausage Patties 4

Hard Boiled Egg 2

Single Egg 2

Side Potatoes 3

Sausage Gravy & Biscuits 6

Whole Fruit, Banana or Apple 2

Diced Fruit Bowl 3

Plain or Strawberry Yogurt Cup 3

****Yogurt and Granola Parfait,**
berry compote, fresh berries [500 calories] 6

cold cereals

Cheerios, milk 5

Cinnamon Chex, milk 5

Honey Nut Cheerios, milk 5

Cinnamon Toast Crunch, milk 5

Cocoa Puffs, milk 5

Lucky Charms, milk 5

modern classics

Fast Fare, scrambled eggs, diced ham, seasoned potatoes 9

****Egg White Scramble**, spinach, arugula, goat cheese, tomatoes, bell pepper, caramelized onions, seasoned potatoes [425 calories] 12

Southwest Egg Scramble, (bowl or burrito) scrambled egg ,sausage ,caramelized onion, peppers, tomatoes, pepper jack cheese blend, seasoned potatoes fire roasted tomato salsa 12

****Stuffed French Toast**, strawberries, cream cheese, powder sugar, lite syrup [495 calories] 12

Eggs Benedict, two poached eggs, toasted english muffin, grilled ham, hollandaise sauce 11

MeadowView Bagel Sandwich, toasted bagel, country ham, fried egg, house pimento cheese 7

The Kindle, fried egg, Benton's bacon, pimento cheese english muffin 5

Sausage & Biscuit Sandwiches, cheddar, Tennessee pride sausage patty 5

French Toast, Tennessee pride sausage or smoky bacon 11

Pancake Stack, house buttermilk pancakes , Tennessee pride sausage or smoky bacon 11

Sub fruit +1.50

If you have any concerns regarding food allergies, please alert your server prior to ordering.

**Consuming raw or undercooked meats, poultry, seafood,*

shellfish or eggs may increase your risk of foodborne illness.

***Healthy Options*

MEADOWS



3-egg omelets

Classic Ham & Aged Cheddar, seasoned potatoes 12

Benton's Bacon ,smoky benton's bacon, cheddar cheese, tomatoes, spinach, seasoned potatoes 12

Spinach and Feta, roasted mushroom, seasoned potatoes 12

bake shop

White Toast 1

Wheatberry toast 1

Cinnamon Roll 2

Croissant 1

beverages

Fresh orange, cranberry, apple , grape-fruit 3

**Seattles Best coffee-regular and decaf-
feinated** 3

Assorted Hot tea 3

Iced Tea 3

Whole Milk, 2%, chocolate milk, almond milk 3

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