

# Spa Suites by *Le* **MERIDIEN**

## MENU OF SERVICES

TO MAKE YOUR RESERVATION CONTACT

312-946-3000

OR

[SPASUITES@LEMERIDIENOAKBROOK.COM](mailto:SPASUITES@LEMERIDIENOAKBROOK.COM)

HOURS OF AVAILABILITY

7 DAYS A WEEK 9<sup>AM</sup> - 8<sup>PM</sup>

# FACIALS

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## SIGNATURE FACIAL

30 MIN \$80 | 50 MIN \$125 | 80 MIN \$175

This facial covers it all. Cleanse, steam, tone, scrub and mask all customized to suit your skin type. High quality EmerginC products will leave skin glowing, balanced and healthy.

## HYDRAFACIAL

30 MIN \$120 | 50 MIN \$160 | 80 MIN \$200

The HydraFacial is a non-invasive, non-surgical procedure that essentially power washes your face to lift and firm. See results similar to a chemical peel but with no discomfort or down time. Excellent for all skin types and overall skin health.

## MICROCURRENT/RED LIGHT THERAPY

30 MIN \$120 | 50 MIN \$160 | 80 MIN \$200

A microcurrent device is applied to the skin stimulating collagen, resulting in a tightened and lifted facial appearance. Red light is applied to the face resulting in reduced wrinkles, scars, redness and acne.

## BACK ATTACK \$95

Everything our signature facial includes but for your back.

## OXYGEN FACIAL \$95

High-pressurized pure oxygen is applied to the skin's outermost layer to support hydration and natural collagen production.

## MICRODERMABRASION \$95

A noninvasive procedure that gently removes the top layer of the skin, exfoliating and producing a more youthful appearance.

## HYDRATION FACIAL \$95

Concentrates on hydrating and rejuvenating to even out skin tones and textures while reducing irritation.

## CHEMICAL PEEL \$95

A skin resurfacing procedure that will remove the top layer of skin producing a smoother more rejuvenated appearance. \*skin will appear red and peel up to two weeks after treatment

## FACIAL ADD-ONS \$30

Hot Lava Shell Therapy  
Skin Scrubber  
Lip Exfoliator  
Eye Contour  
Firming Neck Treatment

# M A S S A G E S

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50 MIN \$140 | 80 MIN \$190 | 110 MIN \$240

## SWEDISH

This deeply relaxing treatment, featuring long connective strokes, is designed to ease fatigue and soothe over-stressed nervous systems.

## DEEP TISSUE

More engaged pressure for those who want to feel every nuance of the massage. Firm pressure and thoughtful sequencing for maximum results.

## SPORTS

For the athlete or weekend warrior who needs specific techniques to address performance enhancement or pain-reduction.

## FOCUS

When you really want only a couple areas treated because they really, really need it. Forget doing everything and just focus on what you really want and need. This isn't necessarily symmetrical or formulaic because you're not!

## PRENATAL RESCUE

The perfect massage when you're working twice as hard! Relieve tension, fatigue and swelling. Baby will thank you!  
Note — this is done in side-lying position with bolsters.

## COUPLES

Receive two customized massages side-by-side. Chit-chat or be silent while therapists customize the perfect massage for your needs.

\*price per person

# BODY TREATMENTS

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80 MIN \$215 | 110 MIN \$265

## **BODY MELT THERAPY**

The ultimate relaxing experience that combines deep, intensive massage with steaming hot towels. Tension deep within spinal muscles is unraveled with an anti-inflammatory arnica gel in this powerful therapeutic treatment.

## **WARM HONEY DRIZZLE**

Start with an invigorating skin brushing followed by a truly unique massage incorporating eco-friendly warm honey to cleanse pores, improve circulation and soothe muscles and joints.

## **SHEA BUTTER BODY QUENCH**

Enjoy a massage with warm organic shea butter, hot towels and a revitalizing exfoliation.

## **HOT STONE**

Enjoy warmth and relaxation at its best. Penetrating heat and soothing massage create a perfect heavenly mixture of healing and revitalization.

## **CELLULITE REDUCTION**

Enjoy a full body 80-minute massage while addressing one of these common problem areas: hips, thighs or abdomen. Specific, hands-on cellulite reduction techniques are applied with a thermal cellulite cream and wrap. For best results follow with our cupping add-on service. Add \$30 for each additional area.

## **BODY BRUSH AND SCRUB**

Treat yourself to maximum decadence with skin brushing, scrub and full body massage.

## **FOUR-HAND MASSAGE**

Try something that you'll remember forever. Two therapists, one amazing experience will massage away all worries and aches.

## **MONSOON RITUAL**

Begin with an almond orange nut exfoliation, followed by a white tea mask and scalp treatment concluding with a full body massage.

## **ESPRESSO SCRUB, RUB & CHUG**

Invigorate your mind, body and soul with our espresso body scrub and custom massage. Cleansing espresso beans, antiseptic honey and nourishing oils prepare your skin for the massage. An espresso shot completes this service sending you off to conquer the day.

# SERVICE ENHANCEMENTS

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15 MIN \$30

## **EYE CONTOUR TREATMENT**

This facial add-on is an intensive treatment designed to reduce puffiness, fine lines and under eye discoloration.

## **BODY MELT FOOT THERAPY**

Calves and feet are massaged with a stimulating peppermint balm and then cocooned in steaming hot towels to wake up tired feet.

## **BODY MELT SCALP THERAPY**

Aromatic lime scalp oil is gently warmed and applied vigorously to the scalp, neck and shoulders to stimulate circulation and relieve muscle tension.

## **LAVA SHELL THERAPY**

Add the relaxing and penetrating elements of a naturally heated massage to your favorite service.

## **CHINESE CUPPING THERAPY**

Experience this traditional and effective form of Chinese healing. Cupping increases local blood supply, loosens adhesions and knots and moves lymphatic fluids via a negative pressure.



# PACKAGES

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## ESCAPE

\$240

(2.5 hours total, includes 30-minutes of relaxation time)

Take a break from it all with your choice of customized massage and facial.

## REJUVENATE

\$350

(3 hours total, includes 30-minutes of relaxation time)

The perfect remedy for tired, sore muscles. Your expert massage therapist will tailor the body melt back therapy body treatment to satisfy all of your aches and pains. After, your esthetician will complete a deep cleansing hydra facial with micro current therapy to lift and lighten your facial skin.

## LEMERIDIEN LUXURY

\$460

(4 hours total, includes 30-minutes of relaxation time)

Melt away with a two hour, full body hot stone massage including a body melt foot therapy. Follow with an 80-minute hydra facial with body melt scalp therapy. Spend the day away in our private relaxation suite giving your body and mind the R&R it deserves.