

shine SPA  
SHERATON

# Treatments Menu



# Facials

## Hydraluronic His & Hers

50 minutes | 99,00

Maximum hydration. Hylauronic acid + HLG nanopolymer are perfectly combined for a deep and lasting hydration, filling wrinkles. The result is a juicy and visibly younger skin.

## Shine Excel Therapy O2\*

50 minutes | 99,00

Anti-aging and oxygenating therapy with spectacular rejuvenating and detoxifying effect (Live Cytoxygen).

## Vitamin C+

50 minutes | 99,00

Antioxidant, regenerating, anti-aging and illuminating (Ume Plum extract and Vitamin C+).

## For Men

50 minutes | 97,00

Energizing and detoxifying treatment to combat the effects of skin fatigue (Birch sap, pure vitamin C).

## B-Calm

50 minutes | 97,00

Sensitive skin. Reduces redness and irritation. Rebalances the skin's natural mantle and activates its natural defenses thanks to its main active ingredient, Skin Biorepair.

## Be Expressive Anti-Rides

80 minutes | 117,00

Works against wrinkles from inside, fills in and inhibits expression lines (Pro-Collagestine-Fill technology, complex Micro-Dermoxine).

## SRNS Global Anti-Aging

80 minutes | 121,00

Fills in wrinkles, minimizes dryness and reduces puffiness. Global Face rejuvenation (Zinc-Glycine Complex and RC. Advance).

## Lift-IN

80 minutes | 127,00

The most complete treatment with lifting, remodelling and firming effect.

## To accompany your facial:

Extraction	20,00
Eyebrow Tint	15,00
Eyelash Tint	19,00
Eyebrow and Eyelash Tint	27,00

# Massages

## **Golf Massage**

25 minutes | 57,00

50 minutes | 99,00

80 minutes | 133,00

Sports massage to relieve the tension of muscles and ligaments.

## **Ayurveda**

50 minutes | 111,00

80 minutes | 149,00

Personalised, traditional and therapeutic Indian massage with warm oil, revitalizing effect.

## **Thai Massage**

50 minutes | 99,00

80 minutes | 133,00

Pressure, stretching and assisted yoga postures assisted to achieve flexibility and relaxation.

## **Lomi Lomi Nui**

50 minutes | 111,00

80 minutes | 149,00

Traditional Hawaiian massage, with fluid and rhythmic movements with hands and forearms.

## **Relaxing and Aromatic**

50 minutes | 90,00

80 minutes | 121,00

Relaxing and soft with essential oils.

## **Shine Massage Light of the Mediterranean\***

50 minutes | 97,00

80 minutes | 127,00

Exclusive, relaxing and calming massage with scented candles.

## **Lymphatic Drainage**

25 minutes | 57,00

50 minutes | 99,00

80 minutes | 133,00

Improves circulation and eliminates toxins.

## **Hot Stones**

50 minutes | 99,00

80 minutes | 133,00

Relaxing massage with heated black Basalt stones.

## **Foot Reflexology**

25 minutes | 57,00

Traditional Foot pressure therapy on reflex points that correspond and activates different body organs and systems.

## **Scalp and Hair Therapy**

25 minutes | 51,00

With five original oils, your hair strengthens and instantly recovers its natural shine and softness.

## **Reiki**

50 minutes | 89,00

Reiki treatment brings the body and soul in harmony revealing an all-round effect.

# Body Treatments

## **Shine Body Sensory & Care\***

50 minutes | 97,00

80 minutes | 127,00

A combination of full body massage with Baobab oil and hydrating lotion, body exfoliation with salt from Es Trenc and a Hot Stone back massage.

## **Spa Gold**

80 minutes | 125,00

Glamorous therapy that combines a Marine Gold wrap and a Golden Nectar emulsion, massaged with revitalising movements.

## **Scrub**

25 minutes | 39,00

Eliminates dead skin cells: the result is a deeply hydrated and elastic skin.

## **Vitamin C+ Scrub**

25 minutes | 39,00

With orange peel, the skin looks glossy, silky and luminous.

## **Lavender Wrap**

45 minutes | 57,00

Hydrates and soothes skin. Producing peace to all the senses.

## **Vitamin C+ Wrap**

45 minutes | 57,00

Firming effect, it provides firmness and elasticity to the skin.

# Packages

## **From Head to Toe Vitamin C+**

110 Minutes | 159,00

Anti-aging and illuminating care that combines a facial, body exfoliation and body wrap.

## **Sunset in the Mediterranean**

110 Minutes | 155,00

Relaxation of the mind and the spirit that combines an exfoliation and a massage Light of the Mediterranean.

# Hands & Feet

## **WITH CLASSIC POLISH**

### **Manicure**

50 Minutes | 55,00

### **Pedicure**

50 Minutes | 59,00

## **WITH SHELLAC POLISH**

### **Manicure**

50 Minutes | 77,00

### **Pedicure**

50 Minutes | 79,00

## **NAIL POLISH**

<b>Classic</b>	15,00
<b>Shellac</b>	25,00
<b>Shellac removal</b>	15,00

## **TO ACCOMPANY YOUR MANICURE OR PEDICURE...**

### **Shine Hands or Shine Feet\***

25 Minutes | 35,00

Includes an aromatic hand or footbath, soft exfoliation and hydration mask.

# Special Treatments

## **Waxing and Make-Up**

Full legs	from 39,00	Facial	from 12,00
Half legs	from 25,00	Arms	from 20,00
Bikini	from 20,00	Back	from 25,00
Brazilian	from 25,00	Eyebrows	from 12,00
Underarms	from 15,00	Day make-up	from 50,00
Upper Lip	from 9,00	Evening make-up	from 65,00

## Reservations

Schedule your appointments in advance to ensure your preferred treatment and therapist are available. Bookings made same day of service and walk-in appointments are always welcome, based upon availability. All reservations must be secured with a telephone number and major credit card.

## Cancelation Policy

Twelve-hour notice is required for changes or cancelation, otherwise we will have to charge the full cost of the treatment. Arriving late for a service may require us to shorten the length of your treatment, with full charges applied.

## Gift Certificates

Shine Spa for Sheraton gift certificates are available for purchase at the Spa front desk. Our gift certificates are the perfect way to celebrate any occasion, with individual treatments, couple packages or special offers.

## Opening Hours

Spa: 08:00 H - 20:00 H  
Treatments: 10:00 H - 20:00 H  
Gym: 24 H access  
Outdoor Pool: 10:00 H - 19:00 H

## Prior to the Service

Prior to the start of your service, please tell your therapist the areas you would like to focus on and any areas to be avoided. During your service, please do not hesitate to tell the therapist if you feel any discomfort. Communication is the key to getting full benefit from your Shine Spa experience. We recommend to wear comfortable clothes or robe. During the treatment your body will be covered by towels and at no time fully exposed. Experience the therapeutic benefits of the steam room, sauna or whirlpool prior to your treatment. We suggest arriving 10 to 30 minutes before your appointment. Please turn off your phone before entering the Spa, locker room, fitness and treatment areas.

## Wellbeing

Close your eyes. Allow your mind to be free. Breathe deeply. Remember, this is your time.

### **Sheraton Mallorca Arabella Golf Hotel**

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