BREAKFAST MENU

6:30 AM - 11:30 AM DAILY

HEALTHY START

AVOCADO TOAST 24

Multigrain toast, fresh avocado, tomatoes & cottage cheese, served with hand-picked greens gf

VEGAN TOFU SCRAMBLE 21

Onions, peppers, zucchini, cherry tomato, spinach, vegan mozzarella, breakfast potatoes or toast gf

COCONUT CHIA PUDDING 18 With passion fruit & mango GF V

FRUIT SALAD WITH FRESH BERRIES 18 With low-fat yogurt or cottage cheese GF V

STEEL-CUT OATMEAL 17

Banana compote, fresh berries, toasted pecans GF V

LOX & CREAM CHEESE BAGEL 26

Smoked salmon, Roma tomatoes, red onions & capers, served with choice of plain or fresh herbed cream cheese

Spinach, onions, peppers, zucchini, cherry tomato, goat cheese, breakfast potatoes, toast gf

HOUSEMADE ARTISAN GRANOLA 19

Fresh berries, low fat yogurt V

SEASONAL FRUIT PLATE 19

Selection of fresh sliced fruit with low-fat yogurt or cottage cheese GF V

TRADITIONAL FAVOURITES

CANADIAN BREAKFAST 31

Two eggs prepared any style with bacon & sausages, toast & breakfast potatoes, coffee & juice gj

BREAKFAST SANDWICH 25

Fried egg, shaved ham, swiss cheese, tomatoes & mayo, on a toasted brioche bun, served with a choice of breakfast potatoes, fruit salad or hand-picked greens gf*

WALL CENTRE BENEDICT 27

In-house smoked pork belly, fresh-baked herb & cheddar cheese scone, poached eggs, hollandaise sauce, served with breakfast potatoes

BUTTERMILK PANCAKES 22

Whipped cream, wild blueberry compote, pecans, maple syrup & butter

CRUNCHY FRENCH TOAST 24

Apple jam infused mascarpone, maple syrup, butter

BACON AND SAUSAGE SCRAMBLE 24

Three eggs, bacon, breakfast sausage, onions, peppers, cheddar cheese, breakfast potatoes, toast gf*

VEGGIE BENEDICT 24

Grilled asparagus, roasted Roma tomatoes, wilted baby spinach, poached free-range eggs & hollandaise sauce, served with breakfast potatoes

RED PRAWN BENEDICT 28

Sautéed Argentinian red prawns, roasted Roma tomatoes, wilted baby spinach, poached eggs & hollandaise sauce, served with breakfast potatoes

FRASER VALLEY THREE EGG OMELETTE 26

Served with toast and choice of breakfast potatoes gf* Choose up to four fillings:

Peppers, onions, tomatoes, mushrooms, spinach, cheddar cheese, goat cheese, ham, sausage

SIGNATURE WALL CORN MUFFINS 8

2 muffins, baked daily, served with butter & assorted preserves

SIDES

BACON OR BREAKFAST SAUSAGE 7 TWO FREE-RANGE EGGS (ANY STYLE) 7 **BREAKFAST POTATOES 7** FRESHLY BAKED PASTRY BASKET 8 Choice of 2: croissant, muffin, danish TOAST BASKET 6 Your choice of white, whole wheat, sourdough, multi-grain or gluten free BAGEL & CREAM CHEESE 11 WHOLE FRUIT 3 Choice of one apple or banana FRUIT SALAD 8 REGULAR, LOW-FAT OR FRUIT YOGURT 5 AVOCADO (HALF) 4 KELLOGG'S® CEREALS 8 Corn Flakes[™], Rice Krispies[™], Froot Loops[™],

Frosted Flakes™, All Bran"

BREAKFAST BUFFET

FULL \$36 KIDS \$18

CONTINENTAL \$29

Cereals with milk, pastries, bread, artisan granola, fruit salad, low-fat yogurt, old fashioned oatmeal, selection of cheeses, deli meats, juice, coffee, tea

GRAB & GO \$28





V vegetarian option GF gluten-free gf* gluten-free modification available

ALL OUR EGGS ARE LOCAL AND FREE-RUN. \$2 CHARGE WILL BE APPLIED TO SPLIT A DISH. ALL PRICES ARE SUBJECT TO 5% GST. 18% GRATUITY WILL BE ADDED TO PARTIES OF 6 OR MORE. 100% OF THIS GRATUITY GOES TO OUR ASSOCIATES. IF YOU HAVE CONCERNS REGARDING FOOD ALLERGIES, PLEASE ALERT YOUR SERVER PRIOR TO ORDERING. CONSUMING RAW OR UNDERCOOKED SEAFOOD OR SHELLFISH MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS. A 25¢ CUP FEE WILL BE CHARGED WITH EVERY TAKEOUT BEVERAGE, AS PER CITY MANDATE.