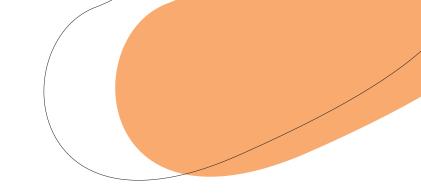


#### **BREAKFAST MENU** 6:30 AM - 11:30 AM DAILY



## **HEALTHY START**

Avocado Toast 26

Multigrain toast, fresh avocado, tomatoes, cottage cheese, served with hand-picked greens  $gf^*/V$ 

Add two free-range eggs, poached 6

Lox and Cream Cheese Bagel 28

Smoked salmon, Roma tomato, red onions, capers, plain cream cheese Add two free-range eggs, poached 6

House-Made Artisan Granola

Fresh berries, low-fat yogurt

Fruit Salad

Assorted cut fruits and fresh berries with low-fat yogurt or cottage cheese GF/V

Steel-Cut Oatmeal 17

Banana compote, berries, toasted pecans GF/V

# TRADITIONAL FAVOURITES

All Canadian Breakfast 34

Two eggs any style with bacon & sausages, breakfast potatoes, toast, coffee or tea, juice

Egg White Frittata 23

Spinach, onions, peppers, zucchini, cherry tomato, goat cheese, breakfast potatoes, choice of toast  $\ gf^*/V$ 

Bacon and Sausage Scramble 27

Three eggs, bacon, breakfast sausage, onions, peppers, cheddar cheese, breakfast potatoes, choice of toast gf

Buttermilk Pancakes 22

Whipped cream, wild blueberry compote, pecans, maple syrup & butter  $\lor$ 

Florentine Eggs Benedict 25

Two poached free-range eggs, wilted baby spinach, toasted English muffin, hollandaise, breakfast potatoes V

Signature Wall Centre Benedict 29

In-house smoked pork belly, fresh baked herb & cheddar cheese scone, poached eggs, hollandaise sauce, breakfast potatoes

Fraser Valley Three-Egg Omelet 31
Served with breakfast potatoes and choice of toast. Choose max 3 fillings: Peppers, onions, tomatoes, mushrooms, spinach, cheddar cheese, goat cheese, ham, sausage

\$0.75 for extra fillings on top of the 3 included

SIDES

Two Sausages 8

Two Slices of Bacon 7

One Free-Range Egg (Any Style) 4

Breakfast Potatoes 7

Wall Centre Corn Muffins 9

Two muffins baked daily, served with butter &assorted preserves

Half Avocado

Whole Fruit 4 Apple or Banana

Assorted Kellogg's® Cereal with 2% Milk

Corn Flakes™, Rice Krispies™, Froot Loops™, All Bran™,

Frosted Flakes™

Toast Basket 7

White, whole wheat, sourdough, multi-grain, gluten-free

Fresh Baked Pastry Basket 9

Choice of Two: Croissant, Muffin, Danish

Bagel and Cream Cheese 13

Variety of Yogurt 6.5 Low-Fat, Plain Greek, Assorted Fruit

### BREAKFAST BUFFET

Children Aged 2-4 5

Children Aged 5-12 18

Full Buffet 38

Continental Buffet 29

Cereal with milk, pastry selection, bread, artisan granola, fresh cut fruit salad, low-fat yogurt, old fashioned oatmeal, various cheeses and sliced meats, coffee or tea, juice

Grab and Go Option 31

Farm to Table Wrap made daily with fresh ingredients

### BEVERAGES

Milk Substitute: 0.75 (Oat Milk, Almond Milk, Soy Milk)

Drip Coffee 5.5

Pot of Coffee 8

Double Espresso 5.5

Americano 5.5

Latte 6.5

Cappuccino 6

Vanilla Latte

TAZO™ Tea 6

English Breakfast Tea, Earl Grey, Zen Green Tea, Chai, Peppermint, Chamomile,

Wild Sweet Orange

Juice 6

Apple, Orange, Grapefruit, Cranberry



