

ARABELLA **ALPENHOTEL** AM SPITZINGSEE



JUST  
*get pampered*



## **JUST INDULGE YOUR SOUL**

Immerse yourself in the world of our exclusive SPA and experience pure relaxation and renewal. Leave everyday stress behind and treat yourself to a break for body and soul.

Our professional wellness staff await you, to revitalize your senses and to support your beauty. Enjoy the peacefulness and harmony amidst the picturesque region of Spitzingsee and discover the feeling of complete relaxation. Welcome at paradise - welcome at our SPA.



## AROMA OIL MASSAGE

Precious etheric oils will harmonize all body energies, release from stress, lift the mood and revitalize spirits.

full-body massage

50 min. € 73,-

75 min. € 93,-

90 min. € 115,-

back massage

25 min. € 36,-

45 min. € 58,-

feet massage incl. feet bath

30 min. € 38,-

facial-dekollete massage

30 min. € 38,-

head-neck massage

30 min. € 38,-

## HOT STONE MASSAGE

Full-body massage with hot volcanic basalt stones. The hot stone massage positively influences blood circulation and has a relaxing effect on musculature.

30 min. back massage € 42,-

75 min. full-body massage € 97,-

A short resting period is inclusive within all massages we offer.

You can in addition combine your massage with a body peeling.



**JUST**  
*come to rest*

## **THE POWER** *of domestic plants*

### **AUREA COSMETICS**

Allow yourself to be seduced by the smell and the impact of domestic herbal oils of Aurea Cosmetics.

### **AUREA PEELING MESSAGES**

Aromatic peelings release the skin from dry skin flakes. High quality oils like shea butter or macadamia nut oil leave a nourishing skin feeling.

Body peelings for a new born skin feeling.

25 min. lime mint peeling € 28,

25 min. herbal alps peeling € 28,

25 min. cassis peeling € 28,

25 min. goat hair brush € 28,

## JUST *reload*



### **MOUNTAIN MAGIC**

One full hour pure relaxation. This special treatment clears your head and promotes deep relaxation.

- head-neck massage with herbal Alpine oil
  - ear-candle treatment, relaxing with the fragrance of honey and sage
- 60 min. € 76,-

### **SUMMIT CLIMBER**

Massages in combination with heat ensure an optimal blood circulation of your muscles. This is to recommend especially after hiking or any sportive activities in order to lighten up muscles.

- leg- and feet massage with scented herbal Alpine oil
  - feet bubble bath with Melissa additive
- 60 min. € 76,-





**JUST**  
*row back*

#### **TIME FOR MYSELF**

Two hours of relaxation. Nursing care, pleasure – not just for your skin and body. Let's spoil yourself all around!

full body aromatic oil massage

relaxing facial treatment

hand treatment with kerosine wax

120 min. € 125,

#### **EAR CANDLE TREATMENT**

Relaxing treatment to dismantle sleep disorders, headaches and stress.

30 min. € 38,

#### **PREMIUM EYE TREATMENT**

At this intensive treatment the eyes section will be cleaned and pampered with a specific massage. Caring products like eye concentrate, organic cellulose hyaluron eye pads and an individual day time care will round up this treatment.

25 min. € 42,

# JUST *blossom*

## GERTRAUD GRUBER COSMETICS

Perfectly coordinated with each other, Gertraud Gruber combines special methods of treatments and high quality ingredients for your high standard well-being.

Classical Facials

45 min. without cleansing € 56,-

75 min. with cleansing € 74,-

Symphonie method

Beautifully shining skin. Indulge yourself in the luxury of this outstanding anti-aging-treatment.

75 min. without cleansing € 95,-

90 min. with cleansing € 129,-

Hydro wellness plus

This is a well-being treatment for all skin types with an especially high supply of moisture and lifting effect.

60 min. without cleansing € 75,-

75 min. with cleansing € 88,-

Special neck-decollete treatment

Our decollete - the first eye-catcher. A legitimate reason to take special care of. Enjoy our tightening intensive care with high-end quality products of Gertraud Gruber.

30 min. € 45,-





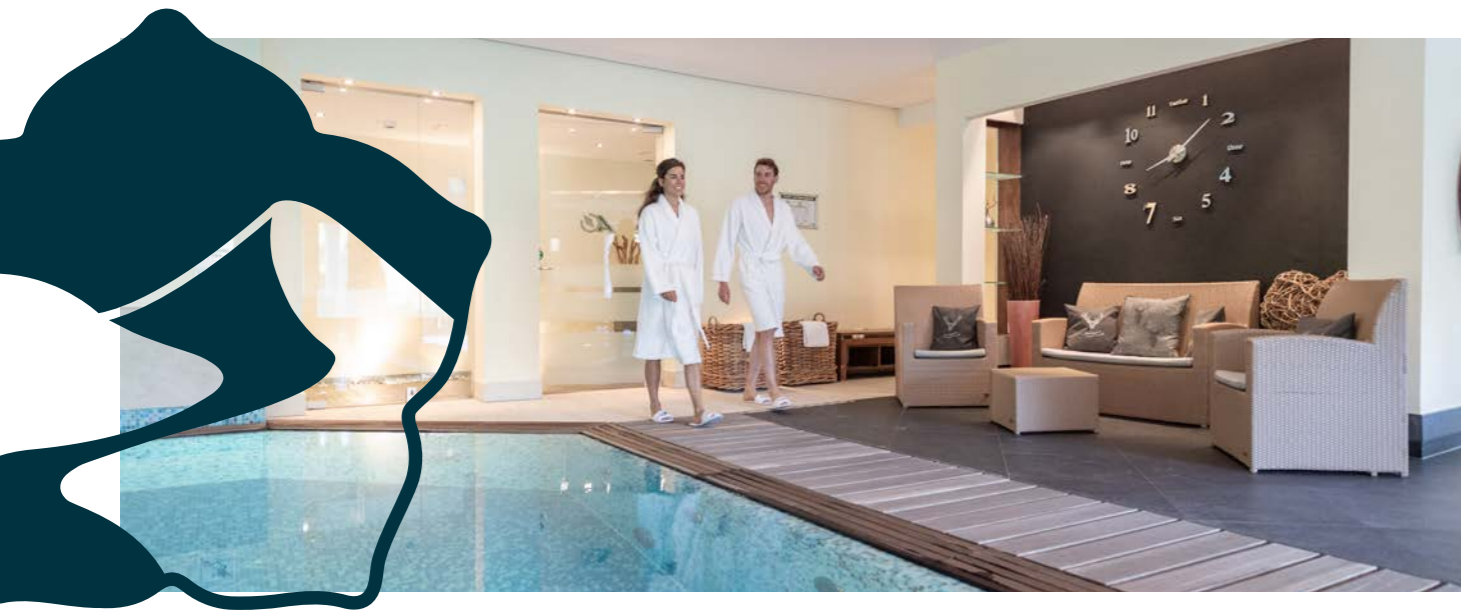
## PURE MENS BUSINESS

For demanding men's skin. Refill yourself with energy, élan and refreshness. Enjoy a complete skin feeling of caring.

60 min. € 70,







## JUST *leave all stress behind*

### ORGANIC-RELEASE-HEAD MASSAGE

Pure relaxation for spirit and soul

30 min. € 45,-

### ALPINE BALANCE - BODY TREATMENT

Detox in a holistic way, especially for women. Hereby the focus is on the elimination of toxins through a purifying and detoxifying lymph stimulation.

60 min. € 79,-

90 min. with body peeling € 105,-

### HANDS AND FEET

manicure

30 min. without lacquer € 40,-

45 min. with lacquer € 46,-

hand treatment

with peeling, mask and paraffin bath

30 min. € 38,-

pedicure with foot bath

50 min. without lacquer € 65,-

60 min. with lacquer € 71,-

### ADDITIONAL TREATMENTS

tinted eye lashes € 15,-

tinted eye brows € 12,-

picked eye brows € 12,-



JUST  
*rest*

## OUR SPA GUIDE

### How should I be dressed?

Ideally, you come in the bathrobe or any comfortable clothing. In order to save your privacy, only the treated body zones will be uncovered. Also, one-time-use slippers are available for you.

### What do I have to bring along?

For all our external guests we provide a bathrobe (lended), towels and slippers (deposit € 20,-).

### Should I pay attention to anything in particular?

We recommend arriving a few minutes before the start of your treatment so that you can enjoy your wellness time to the full.

### Which treatment is right for me?

If you are unable to make a decision, we will of course be happy to advise you.

### What happens if I am late?

We will of course endeavor to provide you with the best possible treatment and, if possible, give you your full treatment time. Unfortunately, out of consideration for other guests, this is not always possible and we ask for your understanding that the treatment price cannot be reduced in these cases.

### What if I have to cancel my appointment?

The treatment time will be shortened if you are late. Please note that we cannot reduce the price due to delays. If you are unable to keep your treatment appointment, please cancel at least one day in advance. For appointments confirmed by us, we will have to charge 90% of the treatment price otherwise. We ask for your understanding.

### SPA etiquette

Everyone wants to enjoy their treatment in peace, so we ask you in consideration to other guests, to switch off your cell phone and to talk at a reasonable volume.

### Health questions

Please inform the SPA team about any health impairments, intolerances or complaints such as allergies, accidents and injuries that could affect you during treatments and the use of the SPA.

### Your well-being is important to us - and so is your opinion

We do everything we can to meet your high expectations and needs and are aware that every treatment is an individual experience. We look forward to your feedback.

### You are in good hands here

Our treatments are carried out by trained specialists. For appointment reservations please contact our Beautyfarm staff or the hotel reception.

### Opening hours & prices

Beautyfarm: Wednesday–Sunday from 10 a.m. to 7 p.m.

Pool: Daily from 07 a.m. to 10 p.m.

Sauna area: Daily from 12 noon to 8 p.m.

Daily entrance SPA (for external guests): € 25,- per person



Arabella Alpenhotel am Spitzingsee  
Seeweg 7 | D-83727 Schliersee-Spitzingsee  
alpensa@arabella-hotel.com  
T. +49 8026 798 828  
[www.arabella-alpenhotel.com](http://www.arabella-alpenhotel.com)

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