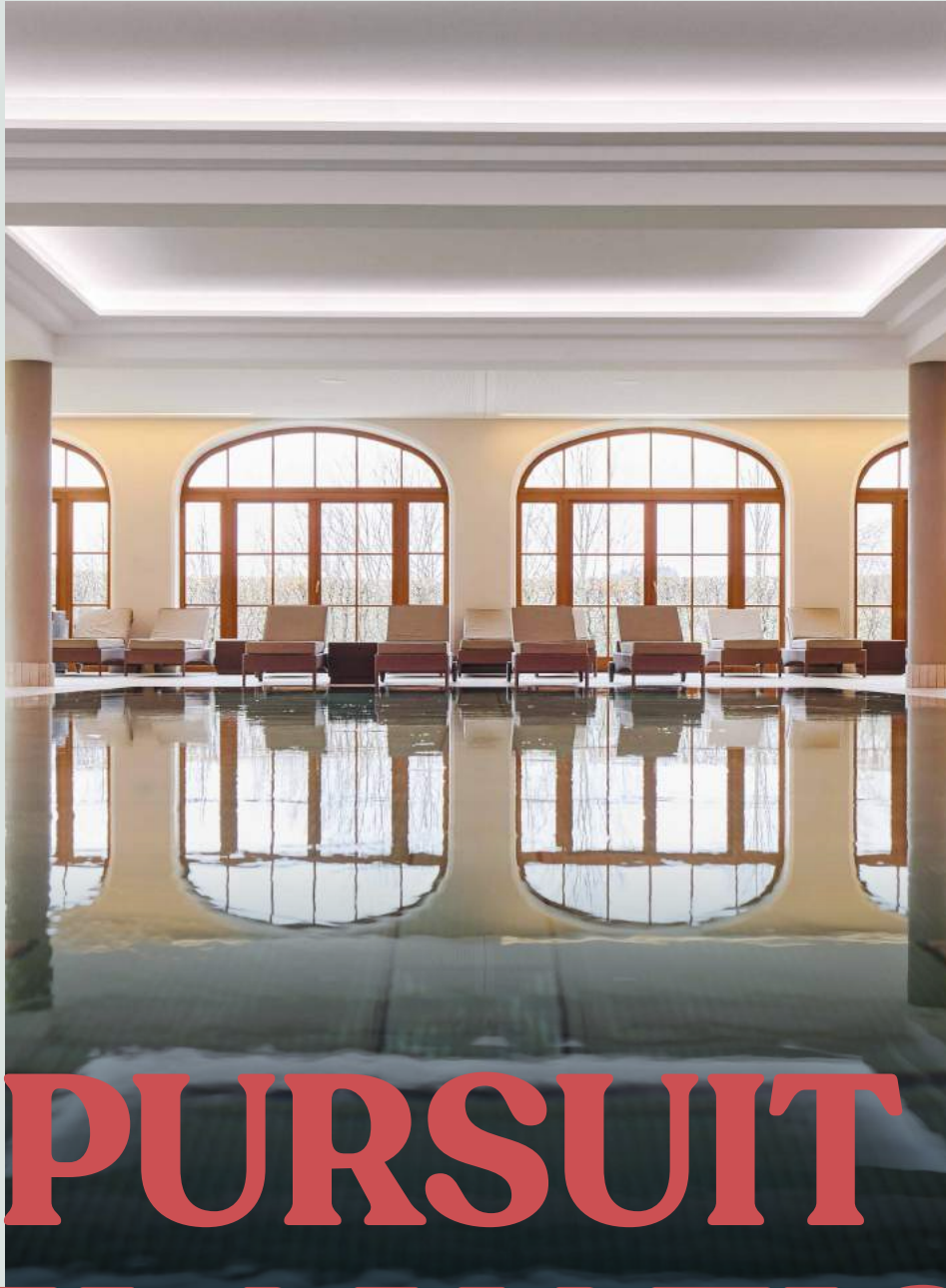


ARABELLA
JAGDHOF
RESORT AM FUSCHLSEE



IN PURSUIT OF RELAXATION

THE JAGDHOF SPA EXPERIENCE

SPA TIMES

Swimming Pool

8 A.M. – 10 P.M.

Sanarium & Steam Room

9 A.M. – 11 A.M.
4 P.M. – 9 P.M.

Finnish Sauna

4 P.M. – 9 P.M.

Infrared

9 A.M. – 9 P.M.

Fitness Centre

OPEN 24 HOURS

Spa Treatments

10 A.M. – 7 P.M.
and by arrangement

Spa Reception

1 P.M. – 2 P.M.
4 P.M. – 5 P.M.

SPA ETIQUETTE

- The spa area is a place of relaxation and tranquillity.
- We kindly ask that you help to promote this atmosphere and are considerate with regard to our guests' privacy.
- Out of consideration for other guests, we request that you put your mobile telephones on silent during your spa stay.
- We request that you wear swimwear and pool shoes in the pool area.
- We would like to kindly ask that you do not wear swimwear when visiting the sauna facility for hygiene reasons. Please feel free to use a sauna towel as an alternative.

ETIQUETTE FOR CHILDREN

- Children under the age of 12 years may only use the pool when accompanied by an adult.
- Children under the age of 16 years must also be accompanied by an adult when undergoing spa treatments.
- Children who wear nappies will require a plastic nappy wrap over their nappy or special swim nappies when swimming.
- The sauna facility is also a nude area and may only be used by those aged 16 years and over.
- We kindly request that children remain quiet in these rooms.

ARRANGING APPOINTMENTS

- We recommend making a reservation prior to arriving at the hotel. Advance reservations allow preferred times to be taken into consideration.

PREGNANCY

- We kindly request that you consult your doctor before every spa treatment or use of the spa facilities.

LATENESS & CANCELLATIONS

- In order to be able to get the most out of the treatment you have booked, we recommend arriving 5 minutes early.
- If you are late for an appointment, we kindly ask that you understand that this may affect the length of the spa treatment.
- In accordance with our cancellation policy, cancellations made up until 24 hours before the start of the treatment are free of charge, whilst cancellations made less than 12 hours beforehand will incur a charge of 100% of the treatment cost.

HEALTH MATTERS

- We kindly request that you provide us with information regarding any health issues (allergies, accidents or injuries) which may affect you whilst having treatments or using the spa.



Recharge your batteries

Customised massages and treatments, a spacious sauna facility, a 15-metre indoor pool, a Kneipp and wading pool plus a large outdoor sunbathing lawn: treat yourself and your body to a therapeutic break in our 800m² wellness area. Our fitness studio provides a counterbalance for those who like to stay active to keep fit. The entire Jagdhof Spa area also welcomes day guests.





Feel warm and cosy

Lie back and relax in our saunas while the heat stimulates your circulation and blood flow. Be it the saltwater steam room with a temperature of 42°C to 45°C, the infrared heat cabin with temperatures of between 38°C and 42°C, the sanarium with a temperature of 55°C to 70°C or the Finnish sauna with temperatures between 80°C and 100°C - we offer a wide range of facilities to help you switch off and relax. In order to banish stress once and for all, retreat to the relaxation room in between sauna sessions, which features an illuminated salt stone wall and 6 loungers.



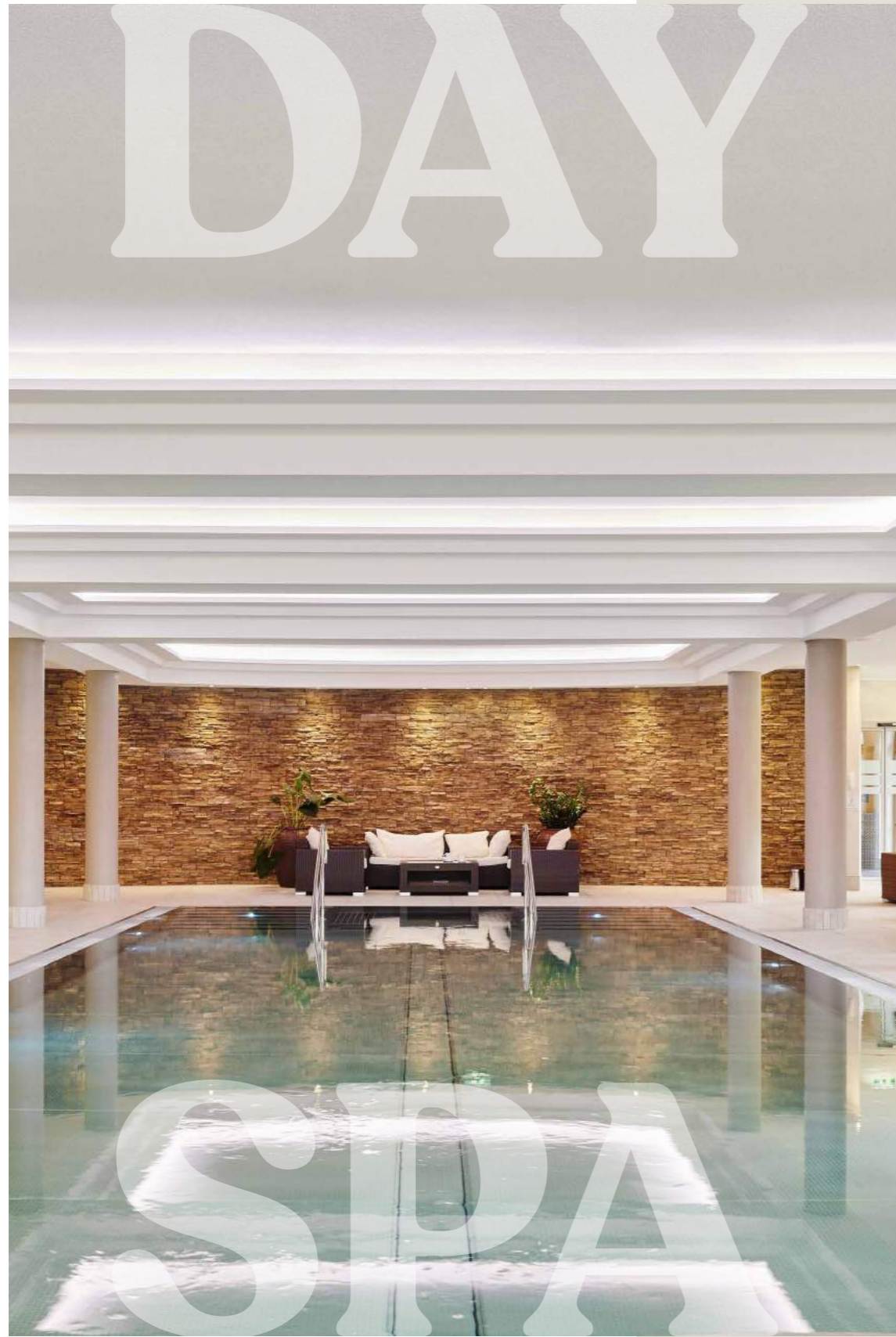
SAUNAS

FITNESS



Wild about strength

Those who prefer to exert themselves can maintain their exercise routines in the hotel's in-house gym complex. The light and airy fitness centre is accessible 24 hours a day for sports enthusiasts, who can put both strength and endurance to the test with state-of-the-art Techno Gym equipment and a kinesis training station.



Day guests are also very welcome at our Jagdhof Spa. Just when the days are getting shorter once again and the nights are lengthening, our relaxed wellness programme provides the perfect opportunity to maintain harmony of body and mind. With a wide range of sauna infusions, a varied fitness programme and therapeutic massages, we cater for your wellbeing all year round.



Day admission

Day admission to the day spa at the Jagdhof Spa costs **€39** from Monday to Sunday. Upon request, you can access our wellness area on Saturdays, Sundays and public holidays.

After Work Spa

You may use our After Work Spa between Monday and Sunday from 4pm to 10pm at a cost of **€29**. Please note that the sauna facility closes at 9pm.

Become a member!

- Annual pass **€1.450**
- 6 month pass **€750**
- 3 month pass **€400**

WE KINDLY REQUEST THAT RESERVATIONS ARE MADE IN ADVANCE BY TELEPHONE!

All prices include use of the indoor pool, sauna facilities (sauna, sanarium, infrared cabin, steam room, relaxation room) and the fitness studio. Bathing bags with bathrobe and towels are available, as well as changing rooms with lockers.

Day Spa guests and members receive a 10% discount on treatments and care products.



**NATURAL
BEAUTY**

MASSAGES & BODY TREATMENTS

From the vitality massage to lymphatic drainage to foot reflexology, our in-house masseurs will pamper you with warm hands and pleasant oils in our three treatment rooms. In addition to our range of massages, you can also choose from a variety of body treatments.

INDIVIDUAL CLASSIC MASSAGE

The massage and body products are tailored to your wishes. Intensive, stimulating or relaxing. Decide with our therapists where you would like the treatment to be focused.

30 MINS €50 50 MINS €75 80 MINS €105

AROMATHERAPY MASSAGE

Enjoy a soothing aromatherapy massage and let yourself be pampered by the delightful scents of essential oils. Immerse yourself in pure relaxation and treat yourself to a break from everyday life.

30 MINS €55 50 MINS €80 80 MINS €110

VITALITY MASSAGE

Combination back and foot reflexology massage.

50 MINS €75

FOOT REFLEXOLOGY MASSAGE

An activating massage targeting reflex zones on the feet, stimulating and regenerating organs and energy systems.

40 MINS €65

LYMPHATIC DRAINAGE

This gentle treatment is recommended for tissue drainage and detoxification and is important for immune defence.

30 MINS FACE €50 50 MINS €75

BACK WELLBEING

Starting with a warming back mud pack and a relaxing head massage, the back wellbeing treatment uses an activating herbal gel blend & moisturising aloe vera to massage the shoulders, neck and back, relieving tension and having a positive effect on the skin, muscles and your well-being.

50 MIN €80

BODY FIT

Activating massage with a cooling gel blend of herbs such as sage, rosemary, juniper, mint and camphor. A relief after sports. Helps with muscle and joint pain, tension, promotes circulation, and regeneration.

30 MINS €55 50 MINS €80 80 MINS €110

CHOCOLATE SHEA BUTTER MASSAGE

Melting chocolate massage butter for all sweet tooths - with nourishing cocoa butter

30 MINS €55 50 MINS €80 80 MINS €115

HOT STONE MASSAGE

Indulge in the soothing warmth of hot stones combined with warm aromatic oils. This traditional treatment loosens tension, releases blockages, and promotes overall well-being. Experience pure relaxation and revitalize your body and mind.

50 MINS €85 80 MINS €115

ORGANIC COSMETICS. FOR THE LOVE OF LIFE

Die Pieper Biocosmetik Manufaktur mit der Marke MARÍAS® entstand nicht aus einer Geschäftsidee, sondern aus einer Überzeugung und einem Lebensentwurf: Dem Wunsch nach Nähe zur Natur und authentischer Lebensweise.

BODY TREATMENT

with MARÍAS® organic body cream

especially creamy and delicate thanks to the use of coconut milk & aloe vera juice in combination with fair trade coconut oil and cocoa butter.

The products of MARÍAS® Organic Cosmetics are certified organic skincare products made from the finest raw materials, ethically sourced and processed in the workshop in Salzburg. Sophisticated formulations and active ingredients that convince through their natural effectiveness.

LAVENDER – SOOTHING

Full Body Massage including Face

Ideal for insomnia or difficulty falling asleep. Relaxing and soothing full body massage including head and face massage, with the power of real lavender, coconut oil, aloe vera juice, cocoa butter, and wild rose seed oil.

60 MINS €95

ROSE – SENSUAL

Body Scrub followed by a Full Body Massage

Rose flower hydrosol, Aloe Vera and Hyaluronic Acid provide valuable moisture, while precious plant oils and waxes such as rose wax, coconut, almond and wild rose seed oil promote skin regeneration and elasticity. The delicate scent of roses indulges the soul - a sensual delight!

80 MINS €120

SEA BUCKTHORN – REGENERATING

Body Wrap followed by a Full Body Massage

Aloe Vera juice, hydrosols and 2-fold Hyaluronic Acid provide valuable moisture, while coconut oil, cocoa butter, and sea buckthorn oil work on cell regeneration.

80 MINS €120

FRESH BOOST – INDIVIDUAL

Optional Back Massage, Foot Massage or Face, Head and Neck Massage

A refreshing and relaxing treat for body, mind, and soul, providing an all-around new sense of life.

30 MINS €60

THE POWER OF SALT

ORGANIC LAVENDER SALT SCRUB

Calming.

Infused with the delicate fragrance of Provence herbs.

30 MINS €45

ORGANIC LEMON SALT SCRUB – ANTI-CELLULITE

Firming, Tissue-Strengthening, Detoxifying.

With ground herbs, lemons, orange peels, and ginger.

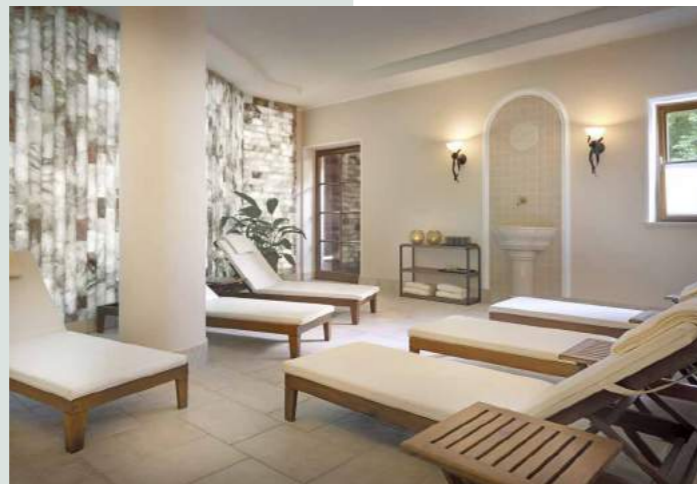
30 MINS €45

ORGANIC ROSE SALT SCRUB

Relaxing & Balancing.

With rose petals and buds, essential rose oil,
sandalwood, and rosewood oil.

30 MINS €45



SIMPLY BANISH STRESS

Arabella Jagdhof Resort am Fuschlsee

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 ARABELLA HOSPITALITY