



At the historic **La Posada de Santa Fe Resort & Spa** 2/2024  
~ Experience the art of relaxation ~

*Spa Sage welcomes those 18 and over for spa services. Thank you for **turning off your cell phones**. Please arrive at least 10 minutes prior to your appointments to enjoy our steam rooms and to relax and unwind.*

## MASSAGE

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**Swedish** 50 minutes | \$155 80 minutes | \$200  
A flowing, therapeutic massage that provides the ultimate in **relaxation** to support overall balance in body and mind.

**Deep Tissue** 50 minutes | \$170 80 minutes | \$225  
For stressed muscles that need to be kneaded, firm pressure is focused on areas of tension and stress.

**Aromatherapy** 50 minutes | \$160 80 minutes | \$205  
Awaken your senses with a choice of custom aromatherapy oils expertly incorporated into your treatment.

**High Desert Healer** 50 minutes | \$170 80 minutes | \$225  
Swedish in nature, this treatment features an arnica & magnesium gel massage to increase circulation while focusing on joints to relieve pain & discomfort. **Our 80-minute version** includes an invigorating **dry mitt exfoliation** to promote circulation.

**Mother-To-Be** 50 minutes | \$160 80 minutes | \$205  
A therapeutic and nurturing massage for expectant mothers **after their first trimester (0-13 weeks) of pregnancy**.

**CBD Oil Treatment Enhancement** Additional \$30

Cannabidiol, the non-toxic, non-euphoric substance found in the hemp plant, works naturally with your body to reduce pain and alleviate inflammation, providing a deeper level of relaxation.

## BODY TREATMENTS

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**Desert Renewal Scrubs** 50 minutes | \$170  
Our invigorating, aromatic body scrubs gently cleanse and exfoliate the entire body to help combat the effects of Santa Fe's high desert environment. A custom blend of organic essential oils with your choice of **salt or organic sugar** will leave your skin soft and silky smooth. Your scrub concludes with a refreshing shower and application of a replenishing cream blend of aloe, lavender, calendula, arnica flower and Vitamin E to rehydrate and nourish the skin. **\*\***(Select **sugar** for a gentler scrub and **salt** for a heartier, detoxifying, anti-inflammatory scrub. Do not shave 24 hours before your salt scrub).

**Spirit of Santa Fe** 80 minutes / \$225  
Our head-to-toe Signature treatment is designed to renew the skin through exfoliation, relax the muscles through massage and calm the mind and spirit with a warm, hydrating body-wrap cocoon. This memorable experience features 3 ancient & abundant plants of New Mexico; blue corn, sage and lavender. Our indigenous mixture will exfoliate, cleanse and revive the skin, leaving it nourished and radiantly smooth. After your full-body scrub and refreshing in-suite shower, your skin will be deeply hydrated with a rich blend of organic sunflower, safflower, olive and jojoba oils. A thermal hot-towel wrap in tandem with a luxurious face and scalp massage is sure to coax you into the blissful *Spirit of Santa Fe*.

***\*24-hour notice is required to cancel, modify or reschedule appointments to avoid being charged in-full.***  
*A 20% service charge will be added to your services and may be adjusted upon request. (Prices subject to change w/o notice)*



**SPA SAGE**  
Santa Fe

## SKIN CARE

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**Custom Facial**                      50 minutes | \$155                      80 minutes | \$200  
Your custom facial includes cleansing, gentle exfoliation, mask and hydrating moisturizer to address your specific skin care needs. The 80-minute facial includes a hand and foot treatment.

As an enhancement to your **Full Facial Service**, we invite you to enjoy these **FACIAL ADD-ons**

<b>Brow or Lip Wax</b>	15 minutes   \$35	<b>Full Facial Wax</b>	30 minutes   \$45
<b>Lash &amp; Brow Tinting</b>	30 minutes   \$55	<b>Lip Treatment</b>	15 minutes   \$35

**Gentlemen’s Facial**                      50 minutes | \$155                      80 minutes | \$200  
Designed for men’s unique skin care needs, this facial will bring your skin back to balance.

## NATURAL NAIL SERVICES \*PLEASE NOTE: We do not offer acrylic, gel or dip services OR REMOVAL.

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**Classic Manicure** 45 min | \$45                      **Classic Pedicure** 60 min | \$75                      **Mani-Pedi Combo** 1hr 45 min | \$110  
This classic service includes cuticle care, nail shaping, buffing, soothing massage and polish application.

**Gentlemen’s Buff Manicure** 30 min | \$40                      **Gentlemen’s Pedicure** 40 min | \$60  
Includes nail, cuticle care, nail buff and relaxing massage.

## SALON SERVICES

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<b>Shampoo + Blow Dry</b>	30 min   \$45	45 min   \$55	60 min   \$70
<b>Women’s Hair Cut &amp; Style</b>	60 min   \$95	75 min   \$110	90 min   \$125
<b>Men’s Hair Cut &amp; Style</b>	45 min   \$45	60 min   \$55	

**YOGA** Saturdays & Sundays | 9-10 am Complimentary to hotel guests. Participants, please meet in Spa reception

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## HOURS OF OPERATION

Spa Sage, La Posada de Santa Fe Resort & Spa  
330 E. Palace Ave, Santa Fe, NM 87501  
505-954-9630

Thursday thru Sunday | 9 am to 6 pm  
Monday & Wednesday | 9 am to 2 pm  
**Closed | Tuesday**

For appointments, please contact us at

(505) 954-9630 | [slspaconcierge@remingtonhotels.com](mailto:slspaconcierge@remingtonhotels.com)

Locals are extended a 10% discount with New Mexico Driver’s License

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