



WESTIN

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# Eat Well for Kids

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**The Westin Grand Frankfurt**

Konrad-Adenauer-Str. 7, 60313 Frankfurt, Germany

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# Eat Well Menu for Kids

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Discover kids' meals that are as delicious as they are nutritious with the Westin Eat Well Menu for Kids, developed to make kids and parents happy. Please dial Service Express®.

## Breakfast

Available from 6:30 AM to noon.

### **OMELET** <sup>A,C</sup> 7.00

Baby spinach and cheese, served with a small fruit salad

### **MUESLI** <sup>B,C,E,F,I,K,L,4</sup> 6.50

With seasonal fruits

## Lunch or Dinner

Available from noon to 11:00 PM.

### **PASTA** <sup>B,G,N,3</sup> 11.00

Whole grain pasta with meatballs and tomato sauce

### **CHICKEN NUGGETS** <sup>B,E,F,K</sup> 10.00

With Quinoa breading, vegetable crudities, popcorn

### **FISH STICKS FROM MSC POLLOCK** <sup>A,B,C,D,G,H,I</sup> 13.50

With vegetable-coconut-rice, lemon

## Dessert

Available from noon to 11:00 PM.

### **APPLE DONUTS** <sup>B,C,E,F,I,K,L</sup> 4.00

With peanut butter, granola and pistachios

### **BEERIES-YOGURT-POP** <sup>C,2,4</sup> 3.50

With Greek vanilla yogurt, strawberries, blueberries and honey

### **KIWI POMEGRANATE YOGURT** <sup>C</sup> 4.50

Low-fat natural yoghurt, linseed, crunchy muesli



#### OUR SOURCING PROMISE

We actively seek out suppliers we trust, to source ethical, sustainable and organic ingredients wherever possible.

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## ALLERGENS

**A**-Eggs, **B**-Cereals containing gluten, **C**-Milk, **D**-Fish, **E**-Nuts, **F**-Peanuts, **G**-Celery, **H**-Crustaceans, **I**-Soy, **J**-Molluscs (e.g. shellfish), **K**-Sesame, **L**-Lupine, **M**-Sulphur dioxide, Sulfides, **N**-Mustard.

**1**-Preservative, **2**-Colorant, **3**-Antioxidant, **4**-sweetener saccharin, **5**-sweetener cyclamate, **6**-sweetener aspartame, contains Phenylalanine source, **7**-sweetener acesulfame, **8**-phosphate, **9**-sulfurized, **10**-containing quinine, **11**-containing caffeine, **12**-flavor enhancer, **13**-blackened, **14**-waxed, **15**-genetically modified



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