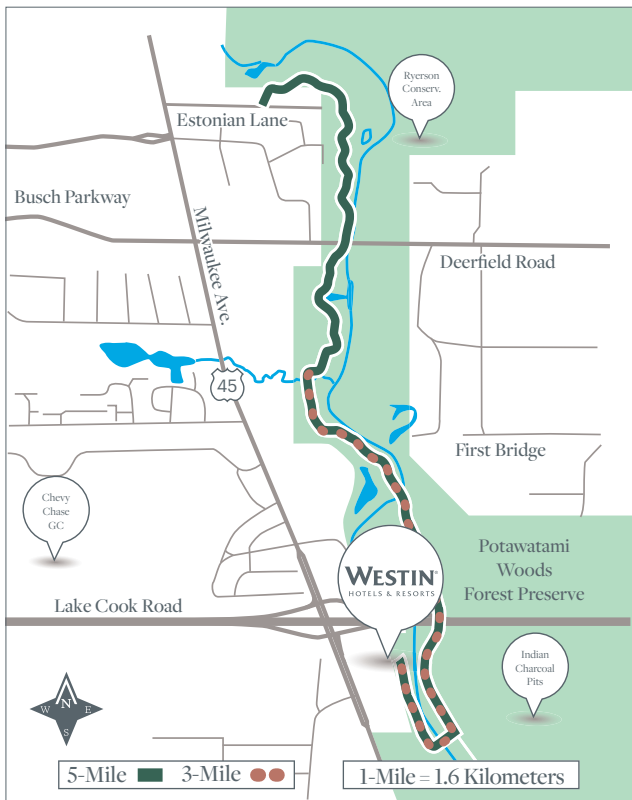


WESTIN
HOTELS & RESORTS *WORKOUT*
RUNNING MAP



The Westin Chicago North Shore
601 N. Milwaukee Avenue
Wheeling IL, 60090
847.777.6500 | westinnorthshore.com



3 mile route

1. Exit the hotel and turn left. Run on the sidewalk along the side of the hotel, heading south.
2. Turn left at the edge of the hotel. Follow the sidewalk beside the pond until you come to a fence.
3. Turn right, and follow the sidewalk south until the fence ends.
4. At the end of the sidewalk, you'll see a footpath heading into the Potawatami Woods Forest Preserve. Follow the footpath left into the Potawatami Woods.
5. The path eventually crosses two bridges; after the second bridge, there is a sharp bend to the right. Turn around at the sharp right-hand bend and retrace your steps to the hotel.

5 mile route

1. Follow steps 1 through 5, above.
2. Follow the footpath to the intersection with Estonian Lane, then turn around and retrace your steps to the hotel.

Disclaimer Notice: As a courtesy to our guests the attached running/walking course map identifies distances and routes created by using an independent outside mapping source. This map was not created by the Hotel. The identified routes are on City public streets and ways. As the Hotel has no direct or indirect control over public areas we urge you to use common sense for your own safety and security. The Hotel in no way guarantees the safety or condition of the identified routes. Use of this map is at your own risk. Please observe all rules and posted signs and warnings, including traffic signals.