



MANDARA
— SPA —

HAPUNA SPA BY MANDARA



WELCOME TO MANDARA SPA

Imagine the mystery of the East meeting the science of the West. Imagine boundaries ceasing to exist. Imagine science and nature dancing together in perfect harmony. And then, imagine a spa experience at **Hapuna Spa by Mandara**. Here, science and nature; practicality and mystery; beauty and peace are entwined, offering an experience as luxurious as it is therapeutic and as magical as it is real.

OUR STORY The Mandara experience began on the spiritual island of Bali, inspired by the beautiful tradition of healing touches which is deeply immersed within the culture and passed on from mother to daughter from generation to generation. These time-honored therapies, combined with European methods and natural elements indigenous to the spa's region, meld together to provide the most unique and indulgent spa treatments.

The name Mandara comes from a Sanskrit legend about the gods' quest to find the secret to eternal youth and beauty. We believe you will unlock the secret when you experience a timeless Mandara moment. Here, time stands perfectly still.



Not sure what to choose?

Throughout this menu, our most well-loved services are indicated with the Mandara symbol.

Transcend. Transform. Trust the Moment.

BODY

Escape to a place where tranquility pervades. A massage does more than evoke a sense of comfort. It helps your body eliminate toxins through the lymphatic system, gives your circulatory system a boost of energy, and brings about a state of peace and harmony.

MANDARA CUSTOMIZED MASSAGE

Retreat to a private haven that transcends the extraordinary. Whether seeking a luxuriously-relaxing therapy or one tailored to soothe over-exerted muscles, our bespoke massage, based on the Swedish method and enhanced by worldwide techniques, achieves desired results. This heavenly escape includes a coconut-infused scalp massage and a Warming Paraffin Treatment to hydrate the feet.

50 min \$150 | 80 min \$215

BALINESE MASSAGE

Utilized for centuries to strengthen and heal the body, this traditional therapy combines stretching, long strokes as well as palm and thumb pressure techniques. Flowing and graceful, the Balinese massage relieves tension, improves blood flow, eases stress, and encourages harmony.

50 min \$160 | 80 min \$225

HAWAIIAN LOMI LOMI MASSAGE

Experience the traditional healing massage of the Hawaiian Ali`i or Royalty. A combination of long, gentle strokes using the forearms and hands helps to induce deep relaxation and wellbeing.

50 min \$160 | 80 min \$225

MANDARA DEEP TISSUE MASSAGE

Excessive physical activity and sports can cause deep

muscular and joint distress. This massage helps to warm and relax the muscles, improving range of motion. Enjoy before physical activity to increase flexibility and afterward to help the speedy recovery of strained muscles.

50 min \$165 | 80 min \$230

FIRE & ICE MASSAGE

Heated Basalt stones and an ice-cool, refreshing gel will gently detoxify the body and address areas of concern, alleviating stress and easing aching muscles. While the body is in a pure state of blissful relaxation, melted paraffin on the back will enhance the warming sensation of this contrast therapy.

50 min \$180 | 75 min \$245

COUPLE'S MASSAGE

Indulge in a side-by-side Mandara Customized Massage and spend quality time together in a suite reserved for two. Select any other massage category for an additional fee.

50 min \$320 | 80 min \$450

PEACEFUL PREGNANCY MASSAGE

This unique pregnancy massage is a profoundly nurturing and tranquil oasis. Mothers-to-be are lulled and restored to optimum wellness. An intuitive, sensitive and relaxing massage hydrates and moisturizes skin that is expanding to accommodate a growing baby. Only nurturing aromatics are imparted - along with wisdom, empathy and respect.

50 min \$165

ENRICH OR EXTEND BODY THERAPIES

Complement your massage therapy with any service from an all-inclusive selection of soothing baths, body polishes, signature wraps, and rituals to enrich or extend the experience.

*Enrich Your Experience**

CONDITIONING FOOT TREATMENT

An indulgent treat for the feet to hydrate, rejuvenate and revitalize the soles.

\$25

FRANGIPANI NOURISHING HAIR AND SCALP TREATMENT

Restores luster to the hair and scalp and promises unadulterated relaxation.

\$25

HOT STONE THERAPY

The vitality and energy of heated stones are used to soothe away stress and relieve muscular tension, aches and pains.

\$30

*Extend Your Experience**

EXOTIC LIME AND GINGER SALT GLOW

This exotic exfoliation ritual invigorates and brings vitality to the skin. After light body brushing, warm oil is luxuriously drizzled all over before our Exotic Lime and Ginger Salt Glow is applied. The skin is deeply cleansed, polished and softened to a glow.

25 min \$85

TROPICAL HAWAIIAN BODY SCRUB

Experience the exfoliating benefits of Hawaii's natural ingredients, complete with an application of tropical body lotion, foot and scalp massage. Choose from: Pa'akai (Salt) Glow, Island Coffee, Chocolate Macadamia Nut or Coconut.

50 min \$150

PROLONG-THE-BLISS!

50 or 80 minutes just not enough? Add more time to your massage to prolong the bliss a little longer.

30 min \$65

Wellness Wonders

BREATHING RELEASE

Surrender the mind and body to a wealth of relaxation exercises. Your therapist will combine deep, meditative breathing with movements and point release tools to relieve head, neck and shoulder tension.

25 min \$85

SOUND WAVE THERAPY

Lull the mind and body to a meditative state. Your treatment will begin and end with a beautiful shower of peaceful sound wave vibrations produced by therapeutic singing bowls to promote total relaxation and help realign your chakras.

25 min \$85

MYOFASCIAL RELEASE

Muscles are stretched, pain reduced, and motion restored. Your therapist will use a revolutionary roller to target major muscles in the back, hips and legs to increase mobility, alleviate soreness, and release restrictions from the body.

25 min \$85

ACUPRESSURE — HANDS AND FEET

Soothe sore, tired hands and feet with a point release tool utilized on pressure points to alleviate the pain and discomfort of overworked muscles.

25 min \$85

SPA INFORMATION

HOURS OF OPERATION

10am-5:30pm

OUR PROMISE TO YOU

We are committed to inspiring your wellness journey while delivering uncompromising indulgence and the finest expression of service. Your comfort and enjoyment is important to us. If we have not fulfilled our promise to you, please visit the spa reception desk to ensure we remedy your experience.

RESERVATIONS

To schedule treatments, you may call our spa directly from a hotel phone by dialing extension **5630** or call **808-882-5630** from outside of the hotel. You may also book online at <http://onespaworld.na.book4time.com/onlinebooking>. We require a credit card upon booking and accept most major credit cards. Prescheduling your services is recommended, although we do welcome walk-ins and will do our best to accommodate you.

MINIMUM AGE REQUIREMENTS

Spa guests are required to be 18 years or older to receive treatments or utilize the facilities. Guests under 18 receiving a teen or kid treatment must be accompanied by a parent or guardian for all services. Swimsuits are required. For further details, please see our teen and kid spa menu.

CANCELLATION POLICY

We require at least 4 hours' notice for cancellation to avoid being charged the full price of your treatments to the credit card provided when booking your services.

PURCHASE POLICY

Unopened products may be exchanged within 14 days of purchase with an original receipt. We cannot exchange opened products.

PRICES AND SERVICE CHARGE

For your convenience, a 20% service charge in lieu of gratuity will be automatically applied to the final bill. Gratuity for exemplary service is discretionary. Prices and services are subject to change without notice.

ARRIVAL

Please arrive at least 15 minutes prior to your scheduled appointment so you can relax in our waiting areas. Regretfully, if you are late for an appointment, we may have to shorten your treatment time to be on schedule for the next guest. To maintain the serenity of the spa, we ask that you turn off your mobile phone and electronic devices upon arrival.

VALUABLES

For the safety of your valuable items, we suggest you leave all jewelry and money in the safe provided in your hotel room. The spa will not assume any liability for valuables.

ADDITIONAL SERVICES

Facials and waxing services are available at the Mauna Kea Spa by Mandara at Mauna Kea Beach Hotel. To schedule your treatment call **808-882-5630**.

OUR LOCATIONS

Mandara Spas can be found in diverse locations around the world. To find a location nearest you, visit www.mandaraspas.com.

KEEP IN TOUCH

Make taking care of your skin, body and hair part of your daily ritual and visit us at www.timetospa.com.

Customer Service c/o
One Spa World, LLC
1-855-848-3059

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