



Awaken  
Your Senses

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**THE WESTIN SINGAPORE**

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# Signature Heavenly Journey

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## HEAVENLY GEMSTONE JOURNEY

A luxurious, deeply relaxing and subtle energy-balancing massage and body treatment which brings into alignment the imbalances from mental or physical stress, travel, and/or sleep deprivation. Experience Serenity, Uplifting, or Sensory blends with energy-balancing massage gemstones combined with an organic massage balm from France. You will feel a sense of calm, blissful euphoria, and an absolute state of body-mind relaxation and total well-being.

Begin your Sensory Journey with one of these senses – Baume Délicieux Thé en Orient (Sensory), Baume de Printemps (Uplifting), and Baume des Quatre Thés (Serenity).

90 minutes – SGD300.00

## EXCELLENCE CÉRÉMONY

This intensely relaxing signature anti-ageing ritual combines a 40-minute deep back massage with a 60-minute Lift 3D facial.

100 minutes – SGD400.00

## SENTO TEA CÉRÉMONY

Experience a 30-minute invigorating body scrub with Therapeutic Purifying Salts drawn from the Guérande. Extremely rich in magnesium, the therapeutical minerals remove dead skin cells preparing the body for a nourishing 60-minute Tea with Shea Butter relaxing massage.

90 minutes – SGD380.00

## SOMPTUOSI' TEA CEREMONY

This ultra-relaxing ritual combines a 90-minute back, leg, bamboo body massage, and Thai stretching with a 30-minute relaxing facial.

120 minutes – SGD420.00

## ROYAL CEREMONY TREATMENT

This ultimate VIP ritual will take your senses on an adventure. Begin with a 30-minute aromatic tea and chia seed powder scrub, followed by a nourishing 30-minute antioxidant cranberry tea wrap, and ending with a 60-minute deep relaxation massage.

120 minutes – SGD550.00

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# Take Time for Yourself

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## MASSAGES

### HEAVENLY MASSAGE

A heated compress invites back muscles to relax before a Swedish massage leaves you feeling physically rested and mentally uplifted.

90 minutes – SGD300.00

120 minutes – SGD400.00

### ASPIRE MASSAGE

Natural aromatherapy oils and diverse massage techniques are customized to answer one simple question: How do you want to feel?

60 minutes – SGD220.00

90 minutes – SGD300.00

120 minutes – SGD400.00

### ORIENTAL RELAXING MASSAGE

Rooted in the oriental tradition, this ultra-relaxing massage is experienced through slow, gentle and enveloping movements

60 minutes – SGD200.00 or 90 minutes – SGD280.00

### ENERGIZING MASSAGE

A powerful, deep and rhythmic massage draws on three cultures, Oriental, Malay, and Indian to deliver an intensely relaxing and calming experience.

60 minutes – SGD210.00 or 90 minutes – SGD290.00

### DEEP MUSCLE MASSAGE

An intensive and powerful massage designed to alleviate deep-seated tension and muscular stress.

60 minutes – SGD220.00 or 90 minutes – SGD300.00

### BAMBOO MASSAGE

Experience a holistic-style massage using bamboo to roll and relax the muscles, leaving you feeling recharged and rejuvenated.

60 minutes – SGD220.00 or 90 minutes – SGD300.00

### ROYAL THAI MASSAGE

A deep tissue massage with Thai stretching that focuses on tight muscles and improving blood circulation.

60 minutes – SGD220.00 or 90 minutes – SGD300.00

### COCOON MASSAGE

This gentle and enveloping massage is particularly adapted to the specific needs of expectant mothers, providing a moment of relaxation before the baby's arrival.

60 minutes – SGD200.00 or 90 minutes – SGD280.00

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# Just For Him

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## **Advanced Time Control Facial**

This facial is a results-orientated treatment which stimulates cell metabolism to dramatically lift, tighten and firm the skin whilst increasing textural clarity and tone-rolling back the tides of ageing!

90 minutes – SGD320.00

## **The Hydration Facial for Men**

A highly effective facial that helps nourish and protect the skin from environmental aggressors and excess sun exposure while improving its overall texture using a carefully selected blend of award-winning Cosmeceutical products.

60 minutes – SGD230.00

## **Muscle Recovery Massage**

A deep tissue massage that targets the inner layer of the muscles by applying slow, deep strokes. Perfect for post-workout recovery.

60 minutes – SGD220.00 or 90 minutes – SGD300.00

## **The Gentlemen's Retreat**

A regime tailored for the gentleman. Begin with a 60-minute deeply relaxing massage followed by a rejuvenating 30-minute facial.

90 minutes – SGD310.00

## **Gentlemen Body Scrub**

A selected blend of Gentlemen's Tonics using advanced professional products for an invigorating, full body scrub that will leave the skin smooth, nourished and free of impurities.

30 minutes – SGD180.00

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# Feel Alive and Inspired

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## **BODY SCRUBS AND WRAPS**

### **VELOU'TEA SCRUB**

A delicious body scrub containing the Complexe des 4 Thés® (4 Tea Complex) antioxidant and exfoliating particles from chia seed powder will leave your skin feeling silky smooth.

30 minutes – SGD175.00

### **ENERGIZING CRYSTAL DETOX SCRUB**

Our therapeutic purifying salts drawn from the Guérande are extremely rich in magnesium and therapeutical minerals which prevent water retention by increasing blood circulation. The detoxifying qualities of the products will purify, eliminate toxins and restore balance to the skin.

30 minutes – SGD175.00

### **VITALITY ALGAE WRAP**

A detoxifying and purifying Fucus Algae Remineralizing Wrap. This subtle combination of fresh fucus and essential oils of rosemary, lavender, melissa and eucalyptus is ideal for effective drainage, remineralization and revitalization of the body.

45 minutes – SGD200.00

### **ANTI-AGING PEARL OF CRANBERRY WRAP**

This body wrap is enriched in cranberry pulp and seed powder for an anti-aging and moisturizing effect. The cranberry's micronization process combined with the heating effect allow the release of actives and enhance their penetration into the skin. As your skin revitalizes, let your body relax and absorb the antioxidants that fight free radicals and delay skin aging.

45 minutes – SGD200.00

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# Face Every Moment With a Smile

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Customized and tailor-made. A real synergy effect takes place with the ultra-concentrated Thémaé BioCosmeceuticals and the Roller Sculptor.

## **FACIAL TREATMENTS**

### **REVIVE FACIAL**

A soothing aromatherapy facial with customized oil blends tailored to suit your specific needs, leaving you feeling refreshed and revitalized.

60 minutes – SGD230.00 or 90 minutes – SGD300.00

### **MYOSCUPT**

Intensive facial for anti-aging face care. A tailor-made therapeutic facial treatment without surgery or invasive methods. This new anti-wrinkle facial treatment specifically targets skin with loss of firmness and lack of radiance.

90 minutes – SGD320.00

### **COLLAGEN ILLUMINATION**

This treatment is designed to enhance facial features. It is aimed at all those looking for a facial massage that combines anti-aging effects with a moment of pure escapism.

90 minutes – SGD320.00

### **ORIGINAL BEAU'TEA**

Bright and hydrating face treatment. This complete facial treatment targets the first signs of ageing and "recharges" the skin with intense hydration

60 minutes – SGD240.00 or 90 minutes – SGD310.00

### **HYDRA'TEA DETOX TREATMENT**

A moisturizing, detoxifying face treatment. This facial is a breath of fresh air for dehydrated, combination or oily skin.

60 minutes – SGD250.00 or 90 minutes – SGD320.00

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# Remember Me

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## **HEAVENLY ENHANCEMENT**

### **HEAVENLY HANDS / HEAVENLY FEET**

15 minutes – SGD60.00

### **HOT STONE**

15 minutes – SGD50.00

### **SCALP MASSAGE**

15 minutes – SGD50.00

### **BACK MASSAGE**

30 minutes – SGD120.00

### **NECK & SHOULDER MASSAGE**

30 minutes – SGD120.00

### **EYE TREATMENT**

30 minutes – SGD120.00

### **COLLAGEN WITH BRIGHTENING**

SGD80.00

### **FOOT MASSAGE**

30 minutes – SGD120.00

### **HEAVENLY QUICK FIX FACIAL**

30 minutes – SGD120.00

### **MANICURE / PEDICURE**

60 minutes – SGD140.00

### **EXPRESS MANICURE / PEDICURE**

30 minutes – SGD70.00

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