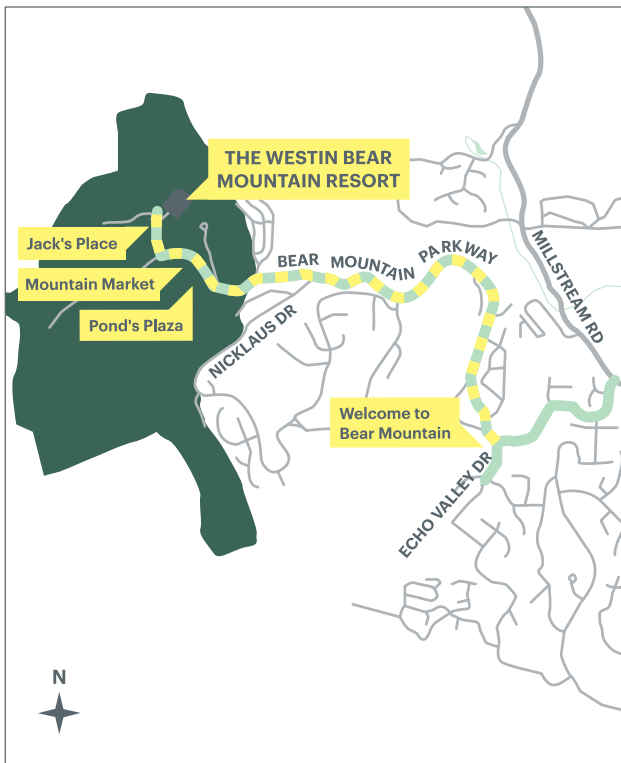


WESTIN *WORKOUT* Running Map



5 km

8 km

1 km = .6 mi

THE WESTIN BEAR MOUNTAIN GOLF RESORT & SPA

1999 Country Club Way,
Victoria, BC V9B 6R3
T 1 250 391 7160

5 KM OR 8KM ROUTE

1. Starting route from the Westin Bear Mountain 1999 Country Club Way. Head straight from the Westin (connect onto sidewalk to your right).
2. Follow the sidewalk along Country Club Way. You will be passing Jack's Place-great Pub on the Mountain with outdoor patio! At the 1st roundabout follow the crosswalk connecting to Bear Mountain Pkwy.
3. Heading left onto Bear Mountain Pkwy follow the sidewalk (towards the Mountain Market) *Great View of Mt. Baker and a nice relaxing stroll for later around Ponds Plaza!
4. Follow the second cross walk on your left.
5. Continue right on Bear Mountain Pkwy
6. At your second roundabout continue straight and connect onto the Bear Mountain Pkwy sidewalk.
7. Follow Bear Mountain Pkwy sidewalk until you reach Echo Valley Dr. on your right, (just past the "Welcome to Bear Mountain" sign). Following crosswalk enter Echo Valley Dr. *Watch for deer. At the 1st roundabout following the crosswalks make a U-turn (ending back on the sidewalk you started).
8. Head back onto Echo Valley Drive until you reach Bear Mountain Pkwy sidewalk. For 8 KM route turn left on Bear Mountain Pkwy and keep going down until Millstream Road. Make a U-turn and head back up.
9. Turn left heading up Bear Mountain Pkwy sidewalk.
10. Take the first crosswalk on your left (just after the Mountain Market). Continue right on Bear Mountain Pkwy
11. Following Bear Mountain Pkwy take your second crosswalk on your right, connecting to Country Club Way. Continue straight following sidewalk until you reach the Westin Bear Mountain 1999 Country Club Way.

Disclaimer notice: As a courtesy to our guests the attached running/walking course map identifies distances and routes created by using an independent outside mapping source. This map was not created by the hotel. The identified routes are on city public streets and ways. As the hotel has no direct or indirect control over public areas we urge you to use common sense for your own safety and security. The hotel in no way guarantees the safety or condition of the identified routes. Use of this map is at your own risk. Please observe all rules and posted signs and warnings, including traffic signals.