

Breakfast

REFRESH

Fresh Market Fruit 27  

Chef's Selection of Assorted Fruits, Granola, Honey

Cinnamon Apple & Mixed Berry Oatmeal 18  

Roasted Apples, Roasted Almonds, Mixed Berries, Brown Sugar, Cinnamon

Super Food Bowl 21  

Açaí Yogurt, Blackberries, Strawberries, Toasted Coconut, Almond Flakes

Organic Yogurt 21  

Plain Yogurt, Pineapple Compote, Toasted Quinoa Flakes

Overnight Oats 21  

Peanut Butter, Blueberries, Chia Seeds, Almond Milk

Berry Bowl 28   

Plain Yogurt, Mixed Berries, Homemade Granola Chunks, Honey

HANDCRAFTED

Bermuda Breakfast 28 

Codfish Cake, Hard Boiled Cage-Free Eggs, Potatoes, Avocado,
Banana, Onion, Tomato Salsa

Peppercorn Crusted Smoked Salmon 28

Sour Cream, Capers, Cream Cheese, Caramelized Onions, Bagel

Avocado Toast 21  

Poached Cage-Free Egg, Avocado, Multigrain Bread,
Cherry Tomato, Balsamic Reduction

Ham & Cheese Sandwich 21

Whole Wheat Bread, Pork Ham, Cheddar Cheese, Arugula, Cherry Tomato,
Grated Parmesan, Béchamel Sauce

Breakfast Burrito 24

Flour Tortilla, Scrambled Egg, Roasted Turkey Sausage,
Mozzarella, Avocado, Homemade Breakfast Potato, Sour Cream

Vegan Hummus & Avocado Toast 23 

Hummus, Avocado, Flat Bread, Radish, Tomato, Balsamic Reduction

Vegan Bowl 30 

Mushrooms, Avocado, Tomato, Broccoli, Scrambled Tofu

Chef's Bakery Selection 15

Butter, Jam

INDULGE YOURSELF

Buttermilk Pancakes 21 

Maple Syrup, Whipped Butter, Cinnamon Buttered Apple, Mixed Berries

French Toast 22 

Brioche, Assorted Berries, Maple Syrup, Whipped Cream, Whipped Butter

Belgian Waffles 24 

Maple Syrup, Berries, Icing Sugar, Whipped Cream, Whipped Butter

Doughnuts 23 

Cinnamon Doughnuts, Assorted Berries, Chocolate Dip

ROSE
OF THE SEAS



The St. Regis Bermuda Resort
34 Coot Pond Road, GE 03, Bermuda
441.543.2222
restaurants.bda@stregis.com

 = Gluten free
 = Dairy free
 = Vegan
 = Vegetarian

All prices are in US dollars and are subject to a 17% service charge. We happily accommodate special dietary needs and requests.

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

Individuals with certain health conditions may be at higher risk if these foods are consumed raw or undercooked.

Breakfast

EGGS

Two Eggs Any Style 19

Cage-Free Eggs, Cheese & Scallion Hash Brown, Tomato, Toast
Choice of Toppings: Goat Cheese, Feta Cheese, Cream Cheese,
Mozzarella, Cheddar

Egg White Omelet 21

Cage-Free Eggs, Roasted Turkey Ham, Sautéed Mushrooms,
Mozzarella, Cherry Tomato, Avocado, Toast

Three Egg Omelet 21

Cage-Free Eggs, Homemade Breakfast Potato,
Bell Peppers, Onions, White Toast

Choice of Toppings: Smoked Ham, Bacon, Roasted Turkey, Bell Peppers,
Onions, Spinach, Mushrooms, Gouda, Edam, Cheddar, Mozzarella

Chicken Omelet 23

Grilled Chicken, Cheddar Cheese, Mushrooms, Onions, Bell Peppers,
Homemade Breakfast Potato, Toast

Additional Egg Toppings 4

Bacon
Pork Ham
Smoked Salmon
Turkey Sausage
Goat Cheese
Feta Cheese

Eggs Benedict 24

Poached Cage-Free Eggs, Pork Ham, Hollandaise, Breakfast Muffin

Eggs Royale 28

Poached Cage-Free Eggs, Smoked Salmon, Salmon Roe, Hollandaise,
Breakfast Muffin

Mediterranean Style Poached Eggs 26

Poached Cage-Free Eggs, Cherry Tomato, Baby Spinach,
Olives, Cucumber, Hollandaise Sauce, Toast

Egg White Frittata 27

Mozzarella, Sweet Pepper, Mushrooms, Spinach,
Tomato, Ranchero Sauce, Naan Bread, Crispy Tortilla




Enhancements 11

Turkey Sausage
Smoked Applewood Bacon
Cream Cheese & Scallion Hash Brown
Breakfast Potatoes – Bell Peppers, Onions 
Seasoned Grilled Vegetables 
Smoked Salmon-14
Assorted Berries-14 

MARRIOTT BONVOY ELITE

MARRIOTT
BONVOY[™]

All American Breakfast 40

Two Eggs Any Style
Breakfast Potatoes 
Smoked Applewood Bacon
Chef's Selection of Fresh Fruit  
Coffee or Tea
Fresh Orange Juice

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Beverages

SMOOTHIE BAR

Immunity Juice 14

Pineapple, Watermelon, Fresh Orange Juice, Turmeric

Boost 14

Pineapple, Ginger, Turmeric, Carrot Juice, Lemon Juice

Morning Power 16

Orange Juice, Kale, Apple, Celery

Caribbean Green 16

Spinach, Avocado, Banana Purée, Almond Milk

Bermudian Dream 16

Assorted Berries, Banana Purée, Coconut Milk

Wonder Melon 16

Watermelon, Strawberry Yogurt

HOT & COLD BEVERAGES

Freshly Brewed Coffee 6

Freshly Brewed Decaffeinated Coffee 6

Espresso 6

Double Espresso 7

Frappé 10

Fresh Brewed Coffee, Vanilla Cream, Whipped Cream
Add Chocolate or Caramel 2

St. Regis Selection of Teas 6

Hot Chocolate 6

The Gates Bay Mary 18

Gosling's Black Seal, Bloody Mary Mix, Local Spices

Red Snapper 18

Absolut, Signature Bloody Mary Mix

Mimosa 16

Prosecco, Fresh Orange Juice

Harry's Texas Bloody Mary 20

Tito's, Don Julio Blanco, Signature Bloody Mary Mix, Jalapeño

ROSE OF THE SEAS

