

# YOUR MEETING. NO SMALL MATTER. MEETING/EVENT MENU

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## WELCOME TO A REFRESHING APPROACH TO EVENTS

Whether you're planning a business meeting, family reunion or wedding rehearsal, having plenty of options and personalized attention can turn any occasion from special to spectacular. With our dedicated hospitality team standing by, we'll help you discover new ideas, provide on-site services, and make planning your event easier. From flexible meeting spaces, tasty and innovative catering, and audiovisual services, our expert staff can provide anything your event needs.

We look forward to planning something together soon.

The Courtyard® Events Team

## AM CONTINENTAL



### LIGHT & FRESH BREAKFAST

Blueberry Crumble Muffin  
Sliced Bagels with butter, preserves and cream cheese  
Selection of Whole Fruit  
Chilled Orange and Apple Juice  
Starbucks Coffee and Tazo Tea Services

\$10.95

### COURTYARD'S FULL CONTINENTAL BREAKFAST

Blueberry Crumble & Apple Cinnamon Muffins  
Croissants & Sliced Bagels with butter, preserves and cream cheese  
Selection of Whole Fruit  
Selection of Plain and Fruit Yogurt  
Cheerios and Granola with Chilled Milk  
Chilled Orange and Apple Juice  
Starbucks Coffee and Tazo Tea Service

\$13.95

## BREAKFAST



### HOT BREAKFAST TABLE

Sliced Bagels with butter, preserves and cream cheese  
Blueberry Crumble and Apple Cinnamon Muffins  
Cage-Free Scrambled Eggs  
Applewood Bacon or Chicken Sausage  
Seasoned Breakfast Potatoes  
Fresh Seasonal Cut Fruit  
Chilled Orange and Apple Juice  
Starbucks Coffee and Tazo Tea Service

**\$17.95**

### FULL ENGLISH BREAKFAST TABLE

Banana Bread French Toast with warm maple syrup  
Sliced Bagels & Croissants with butter, preserves and cream cheese  
Cage-Free Scrambled Eggs  
Applewood Bacon or Chicken Sausage  
Seasoned Breakfast Potatoes  
Fresh Seasonal Cut Fruit  
Chilled Orange and Apple Juice  
Starbucks Coffee and Tazo Tea Service

**\$20.95**

### ENHANCEMENTS

Selection of Plain and Fruit Yogurt | + \$1.00

Hot Oatmeal with brown sugar, walnuts and dried cranberries | + \$2.00

Blueberry Scones | + 1.50

## BREAKS



### STARBUCKS BARISTA BREAK

Unlimited Starbucks Café Verona Coffee,  
Starbucks Decaf Café Verona Coffee,  
And Selections of Tazo Teas.

**\$4.95**

### STARBUCKS A LA CARTE

1 pot (3 L) of Starbucks Verona Coffee- \$15.00  
1 pot (3 L) of Starbucks Decaf Verona Coffee- \$15.00  
1 port (3 L) of Starbucks Veranda Blonde Roast - \$18.00

### ASSORTED BEVERAGES

Assorted Pepsi Beverages,  
Bottled Water and Iced Tea

**\$6.95**

### MAKE-YOUR-OWN PARFAIT BAR

Plain and Vanilla Yogurt  
Fresh Berries and Seasonal Fresh Cut Fruit  
Toasted Coconut  
Kellogg's Low Fat Granola with Raisins  
Clover Honey and Maple Syrup  
Unlimited Starbucks Coffee and Tazo Tea Service

**\$10.95**

### COURTYARD'S DELUXE COFFEE BREAK

Unlimited Starbucks Coffee and Tazo Tea Service  
Pepsi Soft Drinks & Bottled Water  
Seasonal Fresh Cut Fruit Cups  
Mini Yogurt Parfaits  
Protein Bars  
Selection of Baked Goods, including:  
Fresh Baked Cookies and Banana Bread

**\$13.95**

## LUNCH



### **BISTRO CHOICE**

Menus will be provided to each person in the morning and picked-up two hours prior to lunch.

Includes a entrée, drink and dessert  
**FOR GROUPS OF 15 PEOPLE OR LESS**

Selections Include:

Little Gems Chicken Caesar Salad, Modern Cobb Salad,  
Three Cheese Grilled Cheese with Tomato Soup,  
Chicken Caesar Wrap, and Green Goddess Chicken BLT

**\$17.95**

### **BISTRO MARKET LUNCH**

Assortment of Bistro Rustic Deli Sandwiches//Wraps  
Assorted Potato Chips  
Green Salad or Little Gems Caesar Salad, with choice of dressing  
Soup of the Day  
Seasonal Fresh Cut Fruit  
Fresh Baked Cookies and Classic Carrot Cake  
Bottled Water and Pepsi Soft Drinks

**\$20.95**

### **BUILD –YOUR-OWN SALAD BAR**

Assortment of Greens- Romaine, Baby Kale, Broccolini,  
and Arugula  
Protein- Chicken and Bacon  
Cheese- Goat Cheese, Gorgonzola, and Parmesan  
Veggies- Grape Tomatoes, Cucumbers, Olives, Onions  
and Carrots  
Toppings- Croutons and Walnuts  
Fresh Baked Cookies and Classic Carrot Cake  
Bottled Water and Pepsi Soft Drink

**\$18.95**

**\*Vegetarian options available upon request**

## DINNER



### **COURTYARD'S CLASSIC BUFFET TABLE**

#### **Choose TWO Salads from the selections below:**

- Green Salad
- Little Gem Caesar Salad
- Pasta Salad
- Potato Salad

#### **Choose TWO side dishes from the selections below:**

- Sautéed Green Beans with Cherry Tomatoes
- Creamy Mashed Potatoes
- Roasted Fingerling Potatoes
- Crispy Brussel Sprouts

#### **Choose TWO Entrees from the selections below:**

- Pan-Seared Salmon
- Roasted Chicken Breast
- Spicy Rigatoni A La Vodka
- Skirt Steak with Chimichurri

#### **Choose TWO Desserts From the selections below:**

- Warm Fudge Brownie
- Fresh Baked Cookies
- Classic Carrot Cake
- Key Lime Pie

Assorted Pepsi Soft Drinks and Iced tea

**\$30.95**

## RECEPTION



### **BOTTLED WINE SELECTION**

- Beringer White Zinfandel | 25
- Meridian Pinot Grigio | 29
- Brancott Sauvignon Blanc | 32
- Clos Du Bois Chardonnay | 30
- Chateau St. Jean Chardonnay | 39
- Estancia Pinot Noir | 35
- Clos du Bois Merlot | 35
- Robert Mondavi Merlot | 47
- Estancia Cabernet Sauvignon | 35

### **BEER SELECTION**

- Blue Moon Belgian White | 5.75
- Samuel Adams Boston Lager | 5.75
- Samuel Adams Seasonal | 5.75
- Amstel Light | 5.75
- Corona Light, Extra | 5.75
- Stella Artois Lager | 5.25
- Heineken | 5.75
- Budweiser, Bud Light | 5.25
- Miller Lite | 5.25

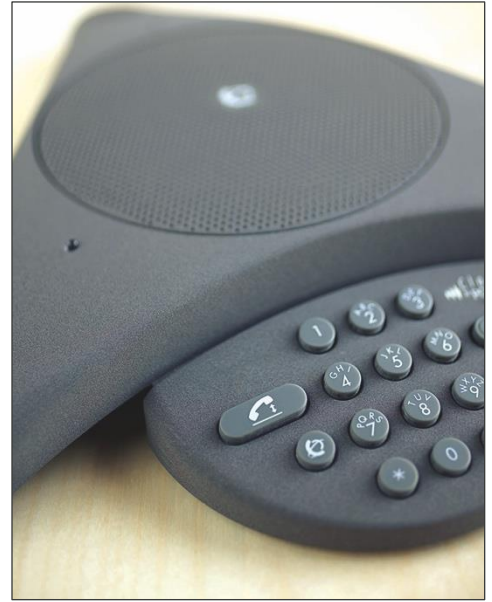
### **A LA CARTE SOCIAL SNACKS**

- French Fries and Dip Trio | 7.00
- Classic Chicken Wings | 9.50
- Pesto Prosciutto Flatbread | 11.00
- Margherita Flatbread | 10.00
- Crispy Brussel Sprouts | 8.50
- Grilled Chicken Quesadilla | 9.50

**For receptions that are offering alcohol,  
 we require an attendant be present to serve.  
 \$40 per attendant for the 1<sup>st</sup> hour, and \$20 per  
 attendant for each additional hour.  
 (2 hour minimum)**



## TECHNOLOGY



### COMPLIMENTARY

Wireless Internet Access  
Dry Erase Board  
White pull-down projector screen  
Notepads and Pens

### AUDIOVISUAL EQUIPMENT

LCD Projector	\$150.00/ day
Wired Microphone and Speakers	\$100.00/ day
TV/ Blu-Ray DVD	\$100.00/ day
Polycom Speaker Phone	\$50.00/ day
Flip Chart with Markers	\$40.00/ day



## ADDITIONAL INFORMATION

Menu pricing is subject to change. Menu items are priced per person unless otherwise noted. Printed menus are for general reference, however we are delighted to customize menus to meet your specific needs.

The Courtyard New Carrollton Landover does allow outside food catering with a signed outside catering waiver form prior to your event.

All meeting room rentals, audio visual equipment and food & beverage are subject to a 22% service charge plus 6% sales tax.

Menu selections are to be selected no later than 10 business days prior to your event. The confirmed guaranteed number of attendees is required within 72 hours of your event.

If shipping materials to the Courtyard New Carrollton Landover, please include the company/group name, property contact & the date of your event on the outside of the package. The hotel cannot assume responsibility for the damage or the loss of materials sent for storage.